

AUSTRALIAN KINESIOLOGY ASSOCIATION INC.

This document outlines the AKA requirements of kinesiology practitioner, when conducting a surrogate balance.

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Version 3

*Surrogacy
Policy*

REVIEW AND EVALUATION CONTROLS

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2	24/09/2016	1 to 3	1	Created Contents Page and updated Headings	Gail Medland 08/10/2016	
3	24/09/2016	1	1	Revised details for The Client	Gail Medland 08/10/2016	
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Rules:

Persons involved in a surrogate balance must include 3 separate individuals as follows:

1. Client to be surrogated for;
2. Practitioner and
3. An additional person (excluding client and practitioner) willing to be the surrogate for the client.

The Client:

The client must give permission, either verbally or in writing, consenting for a surrogate balance *and* for a surrogate to be used for the balance. In the event of a surrogate balance for a child, consent must be given by the parent/guardian.

The client:

- Needs to give a case history to the kinesiology practitioner;
- Needs to outline what they wish to work on for the surrogate balance;
- May be present for the balance, however this is not a necessity;
- Needs to have contact with the practitioner after the balance to discuss outcomes and details of the surrogate balance.

The Surrogate:

The surrogate must be a person who can be successfully muscle tested and willing to stand in for the client.

The surrogate may be:

- A friend or family member of the client;
- A person known to the practitioner and/or the client, who is willing to be substituted for the client for the purposes of muscle testing for the surrogate balance.

The surrogate may **NOT** be:

- The practitioner performing the balance;
- A person who cannot be successfully muscle tested.

The Practitioner:

The practitioner is the kinesiologist performing the surrogate balance.

The practitioner:

- Cannot under any circumstances, be the surrogate for the balance.
- Will make contact with the client to discuss outcomes and details of the surrogate balance at the conclusion of the balance.

Reasons for a surrogate balance:

The following are examples (but not limited to), when a surrogate balance may be required:

- A baby or a child that cannot be muscle tested or lie still long enough for a successful balance;
- A person who is disabled in any way that prohibits them from being muscle tested accurately;
- Inability to be there in person, e.g. hospitalised, living in another city, state or country.

Beginning the surrogacy:

If possible, obtain the essence of the client by using (but not limited to), one of the following:

- Hair sample from the client;
- Photograph of the client;
- Client's name written on a piece of paper;
- A sample of the client's hand writing;

To put the surrogacy on:

- Check the surrogate for accurate indicator muscles e.g. anterior deltoid.
- Perform Prechecks for the surrogate.
- **Ask the muscle for a YES response – Usually a locking indicator muscle.**
Ask the muscle for a NO response – Usually an unlocking indicator muscle.
Hereafter this will be referred to as a **locking** response for YES and an **unlocking** response for NO
- Surrogacy statements said by the practitioner to the surrogate and repeated by the surrogate:
 1. (Client's name) is happy to be surrogated for.
 - Check for a **locking** response. If so, continue with the next step.
 - If it is an **unlocking** response, it could mean that the client has not given their permission for the balance.
 - If the client is available, check with them to ensure that they have given permission for the balance to go ahead.
 2. I (surrogate) am happy and it is safe for me to surrogate for (client's name)
 - Check for a **locking** response. If so, continue with the next step.
 - If it is an **unlocking** response, it could mean that the surrogate is unsure about their role.
 - Discuss this with the surrogate to ensure they are happy to be the surrogate.
 - If the surrogate is happy to be there, ask the body if there is something you can do to make it ok?
 - Check for a **locking** response. If so, do whatever is needed to balance the surrogate.
 - **If the surrogate is not appropriate another surrogate person is to be organised.**
 3. I now surrogate for (client's name).
 4. Prechecks for client.
 5. Proceed with the normal balance.
 6. **At the end of the balance the surrogacy MUST be ceased.**

To remove the surrogacy:

- Ensure the balance is complete for the client.
- **Ask the muscle for a YES response – Usually a locking indicator muscle.**
Ask the muscle for a NO response – Usually an unlocking indicator muscle.
- Surrogacy statements said by the practitioner to the surrogate and repeated by the surrogate:
 1. “(Client’s name) is now themselves” OR “I am no longer surrogating for (client’s name)”
 - Check for a **locking** response
 - Ask: “Any reason why not?” – Check for an **unlocking** response
 2. “I (surrogate) am now myself” OR “My own energy is showing up”
 - Check for a **locking** response
 - Ask: “Any reason why not?” – Check for an **unlocking** response
 3. “There are no negative effects from this surrogacy”
 - Check for a **locking** response
 - Ask: “Any reason why not?” – Check for an **unlocking** response
 4. “(Client’s name) is holding stress over this session?”
 - Check for an **unlocking** response
- **If any of the above expected responses give the opposite response, do a correction to ensure that the surrogate’s and client’s energy return to them appropriately. Recheck by asking the same question again and you receive the expected response.**

DISCLAIMER:

Practitioner self-testing without permission from the client is not supported by the AKA.