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UNDERSTANDING SOUL WOUNDS WITHIN KINESIOLOGY

In Buddhist teachings & in traditional Shamanism there is an understanding of the intentions we bring in with us to work through in this lifetime or incarnation, often expressed as a pre-destined moment or concept that draw us to an event in our future, leading to an experience of emotional, mental or physical anguish or life changing pain, a Soul Wounding or Samskara. There are many translations of this word Samskara, one that connects with me most is 'Co-Doings' things that are made in concert with other things or things that are made by a combination of other things. We create these lessons to experience with the cooperation of other Souls to gather an insight or lesson for us all to gain wisdom from.

As a Kinesiologist & a Life Between Lives Regression Practitioner, this is a concept that comes up regularly in clinical practice. Clients in a deep state of trance will reflect on the two or three energy patterns or Soul Woundings they have pre-selected with a Wise Counsel of Spiritual Beings to bring with them into their current life; held as a ball of energy in the energy anatomy.

At a Soul level, when the intention is to have opportunities to explore these challenging scenarios in this life, they will subconsciously seek out & activate experiences that open this energy within their energy anatomy & from a kinesiology perspective, this may come up as an issue or challenge the client is facing in a balance but we may be unable to make a change with this until a specific moment in their lifetime or a level of leaning is achieved for them. Whilst the Soul Wound is active & open within their Consciousness & Energy Anatomy, they may be unable to achieve their normal level of energy balance & maintain integrity in achieving their personal goals or intentions as the Soul Wound blocks the integration of other energy work & maintains the pain pattern within their Being.

Using a sequence of balancing questions & muscle testing from the Resonate Essences Auric Alignment Training, we can gather information for a client around:

- Whether there is an active Soul Wound impacting on their current issue in their life
- The age / incident or timing that is needed at a Soul level for it to be able to heal & release
- Other people in their current life involved in the issue presently & in the past

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- The learning that their Soul is needing to let this go
- The number of ways in which this lesson has been intended for them to activate & the different opportunities for learning & growth they have already experienced but have been Consciously unaware of.
- Follow Balancing Mini-Protocol provided.

Gather information & balance for integration & coherence to the Client's Soul, Client's Energy Anatomy & the Field & use appropriate products such as Soul Healing & honour the wisdom gathered for the Client.

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Rachelle Sewell is the channel & CoFounder of the Resonate Essences, a life changing gift from her second Near Death Experience. Kinesiology & SoulState Regression are her passions. Trained in Diploma in Clinical Hypnotherapy, Past Life Regression, Life Between Lives Regression (Newton Institute) & extensive Energy Kinesiology studies. She travels with Mel Simmons around the world creating vibrational healing products, teaching and presenting at conferences in Australia, USA, Canada & Germany.

Kinesiology & SoulState Regression are her passions & she has a Diploma in Clinical Hypnotherapy and is a registered practitioner in Past Life Regression and Life Between Lives Spiritual Regression Therapy (trained by the Newton Institute) & extensive energy kinesiology studies in PKP (Professional Kinesiology Practice) Diploma, Neuro Organisational Training (N.O.T), Kinergetics and Reset (by Philip Rafferty), N.A.E.T , Neuro Kinesiology (by Hugo Tobar). Rachelle is a registered Journey Practitioner and Master Practitioner in NLP, Timeline Therapy and Coaching. She has a Bachelor of Business and is currently continuing her love of studying with a Diploma of Homeopathy & is mum to four amazing sons.