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RELEASING CURRENT PAST LIFE PERSONAS

Whether you have a personal belief in reincarnation or not, as Kinesiologists many of our clients will be open to & seeking information on their own spiritual nature and looking to explore their immortal or eternal nature... through Soul Regression.

There are a great number of meditation and hypnotherapy tools now available for those who are keen to learn more about their own Soul's journey in different bodies, other places, other times; often a life changing positive spiritual experience. Sometimes though, they can leave the client in an energetic scrambled mess, opening them to 'multiple past lives' all at once & creating massive physical, emotional, spiritual and energetic problems in the client's current life. This is where we can help by using kinesiology tools to release the energy of other 'Personas' from the past or future Soul memories that are negatively impacting on our clients' energy system via the chakras & auric field.

Symptoms people say they experience when they are in this state are:

- Feel so overwhelmed & not like myself
- Feel completely detached from my current life, like I'm in the wrong body
- Feel like I'm surrogating everyone around me & taking on all their stuff
- Don't know who I am anymore & what has happened to me
- Suddenly developing physical imbalances after an experience that they have never had before – allergies, gut issues & intolerances, breathing issues, vision changes, weight changes, energy level dropped, mood swings, pain in body areas
- Feeling like I've suddenly gone crazy, lost my mind, feeling defeated like what's the point in my life after having a spiritually awakening experience

When a client opens and activates a Soul memory from another body, place or time that is stored in the chakras, it can begin to feed its information through that chakra to the connected meridians and the client's physical body. This is only a problem if it is in conflict to or negatively impacting and influencing the client in their current life - the life they are living in now.

Mel Simmons and I will demonstrate a Past / Future Life Energy Personas Format that we use to test if the client has a major issue with one or multiple Personas overlaying their current life.

We will then demonstrate a Mini Protocol of questions to ask using muscle testing to establish if there is permission to release the Personas or if there is the need for the client to learn more from the Past or Future Persona and activate deeper healing through Spiritual Regression (Past Life or Life Between Lives Regression technique) or using Past Life Kinesiology Balancing.

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Rachelle Sewell is the channel & Co-Founder of the Resonate Essences, a life changing gift that came from her second Near Death Experience. She travels with Mel Simmons around the world creating vibrational healing products, teaching and presenting at conferences in Australia, USA, Canada & Germany.

Kinesiology is her passion & she has studied PKP Diploma, N.O.T, Kinergetics and Reset, N.A.E.T and is currently doing many Neuro Kinesiology trainings. Rachelle has a Diploma in Clinical Hypnotherapy and is a registered practitioner in Past Life Regression and Life Between Lives Spiritual Regression Therapy (Newton Institute), a registered Journey Practitioner and Master Practitioner in NLP, Timeline Therapy and Coaching. She has a Bachelor of Business and is currently continuing her love of studying with a Diploma of Homeopathy.

Rachelle runs a super busy clinical practice from the Resonate Essences clinic in Crows Nest, Sydney and is mum to four amazing boys.