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PROMOTING KINESIOLOGY IN SCHOOLS: FOCUSING ON DEVELOPMENTAL DELAYS

My vision is for Kinesiology to be a thriving, well-known, highly respected profession. However, such progress requires us all to be involved.

Just as Psychology, once rejected as non-scientific, is now considered a highly accepted and thriving industry; we too must further enhance community understanding of the power of Kinesiology.

Unless we create a greater profile within the broader macro society, we will be left behind, slaving in the trenches at a micro level. Daily, I see evidence of writers/presenters taking what we have known for 30 years, and making it their brand, while our protocol's credibility is unknown or questioned.

My vision sees children supporting this by being our future adult clients, that is providing they have positive experiences of kinesiology now! However at present, thousands of children are experiencing failure, not success.

Statistics of difficulties

The majority of statistics are associated with the impact of trauma (before, during or after birth) on developmental delays; in particular the retention of active primitive reflexes, under-developed postural reflexes and motor development, vestibular and/or attachment difficulties. My clinical records indicate that 95% of my clients have experienced trauma, which impacted on their development.

Research has revealed that there are traces of baby reflexes in 48 per cent of children within their first year of school and 35 per cent in the fourth year. Some 88 per cent of children aged seven and eight still have problems with primitive and/or underdeveloped postural reflexes.

(Free booklet download, 'Kids attention Seeking SOS Calls for your Action', which covers the likely behaviours of these children.

My own clinical approach to the above, entails enhancing brain and body energy systems with strategies and exercises; as well as conducting a 12 month research program within a school for a specific child who was referred to me by the regional management of the education department and conducting exercise programs within two local primary schools.

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I found that it was imperative that I promoted a generic, workable program that has been proven to consistently make a difference for:

1. Trauma (before, during or after birth)
2. Low attachment
3. Developmental delays
4. Lack of brain integration
5. Learning and Behaviour difficulties
6. Anxiety

Where to from here?

It's time to move on from believing that ripples in the pond will hasten growth. A concerted effort is required in educating those who count, with evidence and research outcomes that prove Kinesiology's powerful tools have a valuable place within the mainstream allied-health industry.

What can we do?

It is imperative to develop genuine explanations of how kinesiology practices and muscle testing work - not just a generic explanation of what kinesiology does!

Robust promotion must be distributed throughout the public arena.

The best place to start is working with the greatest concern in the community - the success and behaviour of children. All parents, grandparents, professionals and government have an interest in children

Who's responsible - All of Us!

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I am offering *solutions* for learning and behaviour difficulties from 20 years' experience as an educational consultant and kinesiologist, plus preschool, primary, secondary, and tertiary teaching.

My private practice developed from referrals from parents, government departments, including Education, Child Protection, Disability and Juvenile Justice, private and public schools.

Within this capacity, I've provided support to thousands of students, including those expelled indefinitely from school. This is achieved by enhancing brain/body energy systems with strategies featured in my manual, 'The Solution is in Your Hands for Children's Learning and Behaviour Difficulties'.

My aim is to inform the world about the '*solutions*' that can be implemented by those working/living with people who have difficulties; this has included traveling twice to USA to learn about promotion and pitching to 100 media, thereby gaining excellent feedback from my broadcasts through 40 radio stations.

In promoting the successes of this work from a larger platform, my work in Australia has involved presenting submissions to state government, universities and schools.

I willingly provide support to those interested in discovering the tools and strategies that create extraordinary results.