

Direct Eye Muscle Testing and Balancing

Introduction: Direct testing versus surrogate testing of the eyes. **Friday 9.30am -11.30am \$59**
How to detect facilitated and under facilitated muscles without surrogating.
Activating eye muscles and vision improvement exercises.

Practice: 1. Direct testing of eye muscles.
2. Learn 3 steps to activate
3. Eye exercises

Benefits: 1. Can lead to improved vision
2. Reduce eye strain and associated headaches
3. Improve appearance of drooping eyelids
4. Increased light tolerance

Prerequisites: TFH Synthesis or equivalent

Bridget T Cook BSc., started her kinesiology journey with a Natural Vision Improvement course 30 years ago. She has continued studying many kinesiology modalities alongside other methods with a fascination of improving the function of the eyes. She pioneered the method for direct testing of the eye muscles and a new client led muscle activation method



Bridget T Cook

Marketing Writing Skills 101

In this workshop, you will learn how to:

Friday 12pm - 1.30pm \$49

- Build your confidence to market your business
- Actively work with a template to identify your niche audience
- Write marketing material to target and connect to your audience using the right language
- Pull all your content together to streamline marketing
- Use a proven formula that saves you time and creative energy while marketing your business
- Create facebook / newsletter / flyer copy in under 3 minutes



Karen Humphries

This workshop is ideal for those who want to refine their writing skills to market their business in some way, which adds to their toolkit and improves client booking outcomes.

Karen Humphries is a Change Facilitation practitioner and founder of 'Blooming From Within'. Karen holds multiple qualifications within the kinesiology field. Karen draws upon her 25+ year work experience within the waste and health compliance industries to support clients as a dynamic business coach. Karen is passionate about working with individuals and businesses to defuse stress which enables the participants to shine their light to the world!

Epigenetic Healing Cycles - Turning Victims into Victors

Friday 2.30pm - 4.30 pm \$69

Epigenetics studies changes in gene activity that don't involve alterations to the genetic code but still get passed down to successive generations. Research reveals that your perceptions control your biology. Therefore changing your perceptions re-shapes and re-directs your genetic readout.

Dr Dewe says, *"We want to turn on the genes of longevity, wellness and vitality and turn off the genes of aging, disease and death. Your genetic profile is not your destiny. You can change your gene expression by the things you think, say, and do, the things you eat, avoid or listen to."*

The mini workshop will include five different healing cycles, with different features.

Dr. Bruce Dewe MD and Joan Dewe MA are active grandparents, international lecturers and Kinesiopractors®. Bruce has been a medical doctor for 52 years and is a member of NZRK, AIMA, ATMS, and life member of AIK/AKA. Joan is an ATMS member and AIK Life member. They became involved with Touch for Health in the late 70's and together have taught over 4,000 people TFH. Joan and Bruce have also held various roles in TFH/IKC faculty since the 80's and are well known stalwarts of the Kinesiology field.



Mrs Joan Dewe MA
and Dr. Bruce Dewe MD

NOTE: All mini workshops are an optional extra; they are NOT included in any conference fee.

Only those attending the Conference (minimum single day attendance) may register.

Numbers are limited for each session. 2 CPE points per session.

Please arrive 10 minutes prior to commencement. Handouts will be provided on the day.

Purchase refreshments and lunch at the venue or nearby cafes.

Enquiries: vision2020@aka.asn.au