

LEVEL 5 KINESIOLOGY PROFESSIONAL PRACTITIONER

adopted 01/01/2020 until next AKA review

Units Required	Hours Required	RTO Training	AKA Modality Training
Kinesiology Face-To-Face	600	Diploma HLT52415	AKA CAB Guidelines
Supervised Clinic Face-To-Face	50	AKA Supervised Clinic Guidelines	AKA Supervised Clinic Guidelines
Mentored Clinic	150	AKA Mentoring Guidelines	AKA Mentoring Guidelines
Anatomy & Physiology	100	Diploma HLT52415	AKA CAB Guidelines
Communication	100	Diploma HLT52415	AKA CAB Guidelines
Business Management	40	Electives From HLT52415	AKA CAB Guidelines
Marketing (including Social Media)	20	AKA CAB Guidelines	AKA CAB Guidelines
Nutrition <i>Practitioners must only provide nutritional recommendations consistent with their education, training, experience and competence.</i>	100	DIPLOMA HLT52415	AKA Level 5/6 Nutrition Guidelines Guidelines <i>Including knowledge of the foundations of nutrition in order to provide sound basic nutrition advice to clients. Practitioners do not need knowledge of supplements but may choose to do further study in this area. Practitioners must work within their scope of practice when working with supplement</i>
Work Practices, WHS, Legal, Ethics, etc.	40	Diploma HLT52415	AKA CAB Guidelines
TOTAL HOURS	1200*	<i>*Note: National RTO & AQF Benchmarking Indicators for a Diploma Qualification is 1 – 2 years in duration and nominal hours between 1200 – 2400.</i>	
Current First Aid		HLTAID003	HLTAID003
Professional Indemnity & Public Liability		Required	Required
CPE Annually	20	Required	Required