

35th AKA National Conference

~ 22nd to 24th March 2019 ~ Sydney Boulevard Hotel ~

MINI WORKSHOPS

Friday 22nd March

11.00am - 1.15pm

Working with Phobias and Sabotage

Ian White, founder of the Australian Bush Flower Essences, will demonstrate how to quickly clear both sabotage beliefs stored in the subconscious as well as phobias, using a combination of Kinesiology and the Bush Essences. Ian has been practicing these techniques in his naturopathic clinic for over 30 years as well as teaching them all around the world in his Kinesiology and Australian Bush Flower Essences workshops. Ian is keen to share and teach these techniques as they have produced such instant and dramatic positive changes in patients he has used them on.



Ian White is the founder of the Australian Bush Flower Essences and a fifth generation Australian herbalist. He has been practising successfully as a Naturopath and Kinesiologist for some 4 decades, including travelling throughout Australia during that time researching and developing his essences.

Friday 22nd March

2.00pm - 4.15pm

Headaches - A Kinesiologist's Role

In this short workshop we will look at the major techniques and skills a Kinesiologist needs to effectively help people with headaches and migraines. Many Kinesiologists know how to work with the emotional aspects, however this workshop will focus on the structural skills required to complete the triangle of health. We will discuss a variety of reflexes and other mechanisms that are often the cause of many people's headaches and migraines. You will also learn how to test and correct important muscles, reflexes and some of the major structural causes of headaches and migraines.

Danny Liddell has been a Kinesiologist for over 20 years and has taught the modality at most major natural therapy colleges in QLD. He is the author of 'How Kinesiology Works' and is well known in the industry for his skills and techniques when dealing with learning and structural issues.



Registered participants please arrive 10 minutes prior to commencement.

CPE ~ 3 points per workshop.

www.sydneyboulevard.com.au
admin@sydneyboulevard.com.au



90 William Street, Sydney, NSW

ACCOMMODATION

Quote "AKA 2019" for the special conference deal

Reservations ~Tel: (02) 9383 7222

Single/Double/Twin \$255.00 per night room only *plus*

Buffet Breakfast \$22.00 per person extra

Limited Triple Share available \$50 extra - breakfast as above

Cheaper hostel accommodation is also available close by