

Molly Brumm



Molly Brumm from Conscious Heart Kinesiology is #YourInnerStressGPS.

With over 25 years' experience she hones in on the personal pain coordinates buried in your subconscious mind and body. These coordinates are where stress is stored. She knows that "Where your attention goes your energy flows!"

By releasing blocks, beliefs that have passed their Use-by-Dates and habits sabotaging your progress she helps you reconnect your Heart and Mind. Her background in acting and education gives her a unique perspective on human development to help you step into your true powerful self.

As she tells her clients: You'll only reveal what you're ready to Heal. So Reveal it and Heal it!