

Gail Medland



Gail holds a Level 4 KIP membership with the AKA and has been a member since 2012. Prior to studying kinesiology, Gail worked in office administration for over 25 years. Gail previously served on the AKA Management Committee from 2014 to 2018 in the role of secretary. Since leaving the committee in 2018, Gail has been studying part time to complete a Bachelor of Psychological Science and Counselling. Gail practices kinesiology from her home and a local wellness centre and is using the information she is learning from her bachelor's degree, to enhance her kinesiology practice. Gail is excited to bring her experience to the current management committee and keep the AKA progressing in a modern and supportive way for its members.