

Hi there! I'm Alice and I've been a member of the AKA since 2017, and I'm currently a Level 2 RSKP member.

I graduated from the College of Complementary Medicine in early 2015 with Diplomas in Kinesiology and Mind Body Medicine, and then went on to study an Advanced Diploma in Complementary Medicine with the college as well.

Since opening my business, KinesiAlice, I have built up my business from a home-based hobby business into a full-time clinic at Riverstone, NSW, where I share a thriving practice with a psychology business.

I'm also a twice-published author, corporate wellness facilitator (currently with a large pharmaceutical company!), retreat facilitator, meditation instructor, and workshop facilitator, especially for those newer to working in natural therapies and running a business.

I've developed a small range of my own essential oils and aromatherapy products and have also had additional training in tissue salts and essences.

I'm a wife and a mother to two kids aged 15 and 11. My 15 year old is the reason I discovered kinesiology and I am grateful every day that he led me to this path, and for the many lessons I have learned on my journey so far.

I come from a corporate background, having worked with a large pharmaceutical company and for a large fast food corporation, and I'm also a qualified audiometrist.

I've variously been a volunteer coordinator, facilitator and worker bee for corporates, schools, dance schools and sports clubs, and I believe that all my varied experience over life serves me well to step into a role with the AKA, and I'm looking forward to getting to know everybody.

I love my work, and I love to learn, and I can't wait to learn more from our members.