

# AUSTRALIAN KINESIOLOGY ASSOCIATION INC.

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## ONLINE KINESIOLOGY BALANCE PROTOCOL



# Document Revision & Version Control Table

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A Document Revision & Version Control Record holds details of all edits to the document. Revisions are made to reflect new or updated business requirements, methods or legislation and/or improved quality practices. The Revision Record indicates all revisions (edits) to the latest version of the document. General formatting and styling is not considered a part of revision.

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4. Each new version cancels and replaces all previous versions and revisions.

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### *DISCLAIMER*

**Please note that the AKA does not support SKYPE or any other online kinesiology balances for Health Fund Rebates.**

The AKA supports Skype or any other online kinesiology balances with a **THIRD PARTY SURROGATE** being used in the practitioner clinic. Please refer to the AKA Surrogacy Policy for information on how to conduct a surrogate balance.

### *NOTE REGARDING SELF TESTING:*

**IT IS IMPORTANT THAT ALL PRACTITIONERS UNDERSTAND THAT SELF-TESTING FOR A SURROGATE BALANCE IS NOT SUPPORTED BY THE AKA.**



## *CRITERIA FOR AN ONLINE KINESIOLOGY BALANCE:*

1. Contact is made for a mutual date and time for the Skype/Online Kinesiology balance to take place between the client, practitioner and the surrogate person.
2. Client is advised that a surrogate person will be used for the balance.
3. Client must agree to the person who will be used as the surrogate.
4. The “essence” of the client needs to be available at the time of the balance e.g. sample of client’s hair, signature on paper, photograph of the client etc. (Refer to the AKA Surrogacy Policy for more examples).
5. Client and practitioner need to discuss the issues to be worked on during the balance. This can take place in a separate session before the arranged date and time for the kinesiology balance or as a part of the balance at the arranged date and time.
  - a. Normal documentation of the entire session is required to be recorded, (as is the standard practice) including the client history form for new clients.
  - b. Note: If the client is a minor or has limited ability to communicate e.g. had a stroke, then the carer or guardian of the client may suffice where appropriate.
6. Third party person must agree to be the surrogate person for the client.
7. Ensure that the Surrogacy is put into effect by having the client and surrogate make the appropriate statements, in line with the Surrogacy Policy.
8. Client is consulted throughout the balance and asked for relevant information regarding what is showing up during the balance.
9. At the end of the kinesiology balance, ensure that the balance is complete and remove the Surrogacy by having the client and surrogate make the appropriate statements, in line with the Surrogacy Policy.
10. Discuss the outcomes of the balance with the client, ensuring that the person used as the surrogate is **NOT** present for reasons of privacy.