



Australian Kinesiology Association ~ List of Fully Accredited Kinesiology and Practitioner Courses ~ as at 1st September 2019

INDIVIDUAL COURSES	CATEGORY	HOURS
Basics of Life- Marco-Rado	B	16
Cellular Memory Integration - Patti Leahy-Shrewsbury	A	24
Coming to Grips with Learning - Bernard Carson/Shanagh Sangster	C	22
Creative Nutrition - Gerry Gallagher	C/Nut	24
Energetic Kinesiology - Kathy Carmuciano	A	32
Essence of Change - Gerry Gallagher	C	24
Five Elements BioEnergetics I- Damien Brown	B	29
Five Elements BioEnergetics II- Damien Brown	B	29
Five Elements BioEnergetics III- Damien Brown	B	29
Foot Joint Mobilisation (2 Day Course) - Peter Morningstar	C/A&P	16
Heart Healing - Toni Lilley	A	65
Integrating Primitive Reflexes using Brain Gym® & Touch for Health- Tracey Tinker	B	16
Intergrative Neurocardiology- Marco Rado	B	21
Kinesiology Applications 2 - Guy Bennett	B	16
Metabolic Markers- Damien Brown	B	40
Meditation Kinesiology	D	16
Motivation in the 3 Dimensions- Patty Leahy	B	16
Muscle Performance & Enhancement - John Holodnak	C	18
Neuro Spiritual Integration - Peter McLellan	C	32
Psychenergetix - Lyn Treloar	A	45
Sabotage Clearing & Goal Enhancement- Malcolm & Suanne Chaffer	C	16
Simply The Brain- Jacque Mooney	B/A&P	24/12
The Brain, The Senses & Brain Function- Kathy Carmuciano	C	40
The Gait, Auditory, Fascial Connection- Bernard Carson	D	16
The Lifeline Technique Certification Program- Dr. Darren Weissman	B	159
Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia Marina	C/Comm	40
ACCESSING THE POWER OF THE EIGHT EXTRAORDINARY CHANNELS (APEC) - A. Parker & S. Lovell		
APEC 1	C	16
APEC 2	C	16
APEC 3	C	16
APPLIED BIOKINETICS - Toni Lilley and Greg Galton		
Basic Biokinetics	B	15

ABBREVIATIONS

A&P = Anatomy & Physiology

BM = Business Management (formerly PM- Practice Management)

Comm = Communication

HS = Home Study

Nut = Nutrition

WB = Workbook

Category A: Foundation Kinesiology Courses

Category B: Specialised courses - require foundation Kinesiology as a pre-requisite

Category C: Specialised courses - some require foundation Kinesiology as a pre-requisite

Category D: Additional skills training- CPE course only (i.e cannot be used for practitioner registration)

AKA Accredited REGISTERED TRAINING ORGANISATIONS (RTO) offering DIPLOMA HLT 52415

College of Complementary Medicine, NSW	www.complementary.com.au
College of Neuro Training NSW, SA, VIC, WA	www.collegeofneuro-training.edu.au
Create Your Reality College of Kinesiology, QLD	www.createyourreality.com.au
ICPKP Australasia, NSW	www.icpkp.edu.au
ICPKP via Kinesiology Schools Australia (KSA)	www.kinesiologyschools.com.au
IKON Institute of Australia, SA, VIC, QLD, WA	www.ikoninstitute.com.au
NK Institute, QLD, NSW, VIC, WA	www.nkinstitute.com

WORKBOOK HOURS:

AKACAB accredited approved kinesiology workbook hours: 66% of the nominal hours or as determined by CAB

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APPLIED PHYSIOLOGY – Richard Utt (Rep Jacque Mooney)

5 Houses of Chi	B	24
7 Chi Keys	B	72
Advanced Applied Physiology	B	40
Amino Acids	B	16
Anatomy and Physiology of the Brain	B/A&P	80
Advanced Acupressure	B	56
Attitude with Essence	A	24
Auditory Dyslexia Hologram	B	10
Basketweaver	B	16
Canopener	B	16
Cell Hologram	B	24
Centering: cloacals, gaits and hyoids	B	16
Cranials	B	16
Gall bladder Master	B	16
Holographic Muscle Monitoring	A	32
Large Intestine Master	B	16
Liver Master	B	16
Muscle Hologram	B	40
Pitch, roll & jaw	B	16
Salt Bath	B	24
Small Intestine Master	B	16
Spleen/Pancreas Master	B	16
Stomach Master	B	16
Tao of Blood	B/A&P	24
Tibetan Figure 8	B	10
TMJ	B	16
Visual Dyslexia Hologram	B	10

AROMATIC KINESIOLOGY - Robbi Zeck

Aromatic Kinesiology 1	C	24
Aromatic Kinesiology 2	C	24

BODY & SOUL – Lisa Hare

Body and Soul 1 (formerly Body Talk 1)	A	33
Body and Soul 2 (formerly Body Talk 2)	B	33
Body and Soul 3	B	33

COUNSELLING KINESIOLOGY – Gordon Dickson

Intro to Counseling Kinesiology	A	8
Empowering Relationships - CK 2	B/Comm	40
Resolving Emotional Stress - CK 1	B/Comm	116

CRANIAL KINESIOLOGY – Guy Bennett (Diploma Provider)

Bio Harmonics CK2	B	16
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AKA ACCREDITED COMMUNICATION COURSES

	CATEGORY	HOURS
Communication for Kinesiology - Paul Bennett	Comm	40
Counselling Kinesiology 1 - Resolving Emotional Stress - G. Dickson	Comm/B	116
Counselling Kinesiology 2 - Empowering Relationships - G. Dickson	Comm/B	40
Dynamic Communication - T. Lilley, A. McRobert & A. Mitchell	Comm	50
Establish and Manage Client Relationships- T. Lilley	Comm	50
First Aid for Emotional Trauma - Kin Excellence Seminars	Comm	16
Chi Touch Conscious Communicating- Marguerite Wetton	Comm	24
Chi Touch Conscious Parenting- Marguerite Wetton	Comm	24
Interviewing Skills for Helping Professionals- Arthur Bablis	Comm	48
Louder Than Words - Three in One Concepts	Comm/B	32
Profit Pathways Program- Terese Mudgway	Comm/BM	39.5
Southern Lands NLP course- Paul Bennett	Comm	123
Under the Code - Three in One Concepts	Comm/B	24
Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia Marina	Comm/C	40

AKA accepts Health Training Package (HLT) common units delivered by RTO's qualified to deliver HLT common units

AKA ACCREDITED NUTRITION COURSES

Applied Nutrition and Human Metabolism 3 modules -Damian Brown		
* Nutrition Foundations Module	Nut	20
*Weight Loss, Fat Loss and Body Metabolism Module	Nut	20
* Food Allergy Intolerance and Sensitivity Module	Nut	20
Creative Nutrition - Gerry Gallagher	Nut/C	24
Food for Thought - Christine Ammann	Nut	80
Herbs for Kinesiologists- Parijat Wismer	Nut	45
Nutrition for Kinesiologists- Parijat Wismer	Nut/C	45
Nutrition Hologram	Nut/C	56

AKA also accepts HLT nutrition units delivered by RTO's qualified to deliver HLT Nutrition units

AKA ACCREDITED BUSINESS MANAGEMENT COURSES

	CATEGORY	HOURS
Spirit in Practice - Robbi Zeck	BM	50
Profit Pathways Program- Terese Mudgway	Comm/BM	39.5
Professional Practice Management for Kinesiologists- Toni Lilley	BM	50

AKA also accepts government accredited Business Management courses

Cranial Kinesiology 1	B	20
Nutrition and Physiology Applications	B	104
Structural Fundamentals	B	32
Structural Paradigm CK3	B	24
DYNAMIC KINESIOLOGY – Christine Ammann		
Dynamic Kinesiology Essentials (DKE) Modules 1-4	A/A&P	102/50
Dynamic Kinesiology Practitioner (DKP) Modules 1-6	B/Comm	203/50
Kinesiology: An Application for Professionals	A	40
EDU-K – Paul and Gail Dennison (Rep Chris Bozkewycz)		
Brain Gym 101- <i>needs to be taken with Edu-K in Depth</i>	A	32
Brain Gym for Educators	B	32
Brain Gym for Movement, Dance & Sport	B	32
Brain Gym for Special Needs	A	32
Brain Gym Teacher Practicum	B	40
Creative Vision	B	24
Dennison Whole Brain Learning	B	16
Edu-K in Depth - <i>needs to be taken with Brain Gym</i>	A	40
In Sync 1	B	24
In Sync 2	B	24
Language of Movement- Paul Dennison	B	24
Movement Exploration 1	B	32
Movement Re-Education	B	24
Optimal Brain Organization (<i>replaces BOP</i>)	B	24
Physiological Basis Learning and Kinesiology	C	16
Professional Principles 1-4	B	32
Total Core Repatterning	B	24
Visioncircles	B	24
Visioncircles Teacher training	B	32
EMOTIONS AND METAPHYSICAL KINESIOLOGY – BY THE BAY KINESIOLOGY (Rep Denise Robinson)		
Aura Balancing Kinesiology	B	26
Chakra Healing Kinesiology	B	26
Emotional Meridian Harmony Kinesiology	B	30
Kineasy Intro Course	A	20
Mastery of the Five Elements Core Essence & Character	B	26
Transpersonal Chakra Kinesiology (TCK)	B	26
INTEGRATED HEALING – Matilda Van Dyke/Nick Oliver (Rep Nicola Barrett)		
Healing Body (Module 3)	B	16
Healing Concepts (Module 2)	B	16
Healing Mind (Module 4)	B	16

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AKA ACCREDITED ANATOMY & PHYSIOLOGY COURSES	CATEGORY	HOURS
Anatomy & Physiology- Toni Lilley	A&P	100
Anatomy and Physiology of the Brain (Applied Physiology)	B/A&P	40/40
Dynamic Kinesiology 1- Christine Ammann	A/ A&P	102/50
Dynamic Kinesiology 2- Christine Ammann	A/ A&P	102/50
Dynamic Kinesiology 3- Christine Ammann	A/ A&P	102/50
Dynamic Kinesiology 4- Christine Ammann	A/ A&P	102/50
Foot Joint Mobilisation (1 Day Course)- Peter Morningstar	A&P	8
Foot Joint Mobilisation (2 Day Course)- Peter Morningstar	C/A&P	16
Immune and Vaccination Pathways 1	C/A&P	32
Immune and Vaccination Pathways 2	C/A&P	24
LEAP Brain Integration 1 (C Krebs)	B/A&P	40/20
LEAP Brain Integration 2 (C Krebs)	B/A&P	40/20
LEAP Brain Integration 3 B/A&P (C Krebs)	B/A&P	40/20
LEAP Brain Integration 4 (C Krebs)	B/A&P	32/16
Simply the Brain- Jacque Mooney	B/A&P	24-Dec
Tao of Blood (Applied Physiology)	B/A&P	12/12

AKA also accepts government accredited A & P courses

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Healing Pathways (Module 1)	B	16
Integrated Healing Workbook Module 1 & 2	B	22
Integrated Healing Workbook Module 3 & 4	B	22
Integrated Healing Master Class 1	D	8
Integrated Healing Master Class 2	D	8
Integrated Healing Master Class 3	D	8
Integrated Healing Master Class 4	D	8

KINERGETICS – Philip Rafferty

Kinergetics Unit 1	A	15
Kinergetics Unit 2	A	15
Kinergetics Unit 3	A	15
Kinergetics Unit 4	B	15
Kinergetics Unit 5	B	15
Kinergetics Unit 6	C	15
Kinergetics Instructor Workbook Unit 1	B	30
Kinergetics Instructor Workbook Unit 2	B	22
Kinergetics Instructor Workbook Unit 3	B	22
Kinergetics Instructor Workbook Unit 4	B	22
Kinergetics Instructor Workbook Unit 5	B	15

KINESIOLOGY EXCELLENCE SEMINARS – Parijat Wismer (Diploma Provider)

Chi of Money and Self Esteem	B	44
Herbs for Kinesiologists	Nut	45
Nutrition for Kinesiologists	C/Nut	45
Weight Management for Kinesiologists	C	45

LEAP – Dr. Charles Krebs (Rep Jacque Mooney)

LEAP Brain Integration 1	B/A&P	80
LEAP Brain Integration 1B Glial Cells	B/A&P	56
LEAP Brain Integration 2	B/A&P	80
LEAP Brain Integration 3	B/A&P	80
LEAP Brain Integration 4	B/A&P	80
LEAP Brain Integration 5	B/A&P	88
Environmental Factors	B/A&P	72
Energetic Structure of Man and the Universe 1	C	24
Energetic Structure of Man and the Universe 2	C	24
Law of 5 Elements	B	56
Pre-Leap	D	2

MIND BODY MEDICINE (MBM)- 10003NAT- David Corby (Diploma Provider)

Introduction to Kinesiology	A	108
Introduction to MBM	B	27
MBM 2 System	B	71
MBM 3 System	C	97

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Emotion Spirit & Destiny & The Dao of Clinical Practise	B	84
Dynamic Structure	B	84
Applying Physiology & Nutrition	C	91
Clinical Conditions & Clinic	C	74
NEURAL ORGANISATION TECHNIQUE (NOT) – Dr. Carl Ferrerri (Rep P. McLellan)		
NOT 1	B	32
NOT 2	B	32
NOT 3	B	32
NEUROENERGETIC KINESIOLOGY – Hugo Tobar (Diploma Provider)		
Body Structure Hologram 1	B	32
Body Structure Hologram 2	B	24
Brain Formatting	B	16
Brain Hologram A	C	32
Brain Hologram B	C	32
Brain Hologram C	C	32
Brain Hologram D	C	8
Celestial Chakra Hologram	B	32
Chakra Balance	B	16
Chakra Hologram 1	B	32
Chakra Hologram 2	B	32
Chakra Metaphors	B	16
Genetic I-Ching	B	24
Hormone Hologram 1	C	32
Hormone Hologram 2	C	16
Immune and Vaccination Pathways 1	C/A&P	32
Immune and Vaccination Pathways 2	C/A&P	24
Neuro Transmitter Hologram	C	48
Neuro-Emotional Pathways 1	B	32
Neuro-Emotional Pathways 2	B	24
Neuro-Emotional Pathways 3	B	24
Neuro-Emotional Pathways 4	B	32
Nutrition Hologram (<i>prev Nutritional & Biochemical Pathways</i>)	C/Nut	56
Physiology Formatting	B	16
Primitive Reflexes and Brain Stem	C	16
Primitive Reflexes and Brain Stem 2	C	16
Primitive Reflexes and Brain Stem 3	C	32
Principles of Kinesiology (1-4)	A	146
Sound & Light Healing	B	8
NEUROLINGUISTIC KINESIOLOGY (NLK) – Wendy Bennet		
Neurolinguistic Kinesiology 1	A	30
Neurolinguistic Kinesiology 2	A	30
Neurolinguistic Kinesiology 3	B	50
Neurolinguistic Kinesiology 4	B	50

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Neurolinguistic Kinesiology 5	B	50
Neurolinguistic Kinesiology 6	B	50
Neurolinguistic Kinesiology 7 - Instructor Training	B	60
Qi TOUCH KINESIOLOGY - Marguerite Wetton		
Qi Touch Kinesiology (previously Integrated Touch Balance (ITB))	A	40
REFLEXES KINESIOLOGY – Brendan O’Hara		
Primitive & Postural Reflexes Level 1	C	16
Primitive & Postural Reflexes Level 2	C	32
Movement, The Brain and Learning	C	16
INTERNATIONAL RHYTHMIC MOVEMENT TRAINING iRMT - Moira Dempsey		
RMT 1 - RMT for Focus, Organisation and Comprehension	C	16
RMT 2 - RMT for Emotions, Memory & Behaviour	C	8
RMT 3 - RMT for Reading and Writing	C	16
Face the Fear	C	16
SFEF – Lionel Thomas		
SFEF 1	A	28
SFEF 2	A	28
SFEF 3	A	28
SFEF Practitioner	B	70
SFEF Kinesiology Advanced Practitioner	B	63
SFEF Instructor	B	32
SIPS – Ian Stubbings		
SIPS 1	B	24
SIPS 2	B	24
SIPS BAP	B	16
SOUL POWER KINESIOLOGY- Catherine North		
Foundation Course (<i>formerly Soul Power Kinesiology Level 1</i>)	A	26
Soul Power Kinesiology Level 2	A	26
Soul Power Kinesiology Level 3	A	26
Soul Power Kinesiology Levels 4 to 6	B	78
THREE IN ONE CONCEPTS – Gordon Stokes and Daniel Whiteside (Rep Anne Summers)		
Adolescence, Maturity & Love	B	32
Advanced One Brain	B	32
Body Circuits - Pain and Understanding	B	40
Childhood, Sexuality & Ageing	B	32

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Improved Learning Awareness (<i>prev. Basic OB, needs to be done with TOT</i>)	A	24
Louder Than Words	B/Comm	32
Minding Your Business	C	8
Relationships in Jeopardy	B	32
Structural Neurology	B	32
Tools of the Trade (<i>needs to be done with BOB</i>)	A	16
Under the Code	B/Comm	24
TRANSFORMATIONAL KINESIOLOGY- Grethe Fremming (Rep Pam Sussman)		
Optimal Integration (<i>formerly TK Foundation</i>)	A	15
Transformational Kinesiology (TK) 1	A	37.5
Transformational Kinesiology (TK) 2	B	37.5
Transformational Kinesiology (TK) 3	C	37.5
Transformational Kinesiology (TK) 4	C	37.5
Transformational Kinesiology (TK) 5	C	37.5
Inner Leadership 1	B	15
Inner Leadership 2	C	15
Energetic Anatomy 1	B	37.5
TOUCH FOR HEALTH (TFH) – Dr John Thie (Rep Toni Lilley)		
TFH 1	A	16
TFH 2	A	16
TFH 3	A	16
TFH 4	A	16
TFH Training Workshop	B	64
TFH Metaphor Workshop	B	16
TFH Proficiency	A	16
TFH Workbook Practical Exercises	A	60
THF Continuing Education	B	15
Eat Right, Live Right	C	3
Healthy Pets	C	7
Kinesiology for Kids	C	3
Perceptive Vision	C	3
TOUCH FOR HEALTH SCHOOLS – Maurizio Piva (Rep Toni Lilley)		
Touch For Health Schools - Maurizio Piva (Rep Toni Lilley)	C	20

Practitioner Registration: If you have completed a course that is currently not listed and require information for practitioner registration, please contact the AKA to check its past status.