



## Australian Kinesiology Association ~ List of Fully Accredited Kinesiology and Practitioner Courses ~ as at 1st March 2019

| INDIVIDUAL COURSES  | CATEGORY | HOURS |
|---|----------|-------|
| Basics of Life- Marco-Rado  | B        | 16    |
| Cellular Memory Integration - Patti Leahy-Shrewsbury  | A        | 24    |
| Coming to Grips with Learning - Bernard Carson/Shanagh Sangster                                   | C        | 22    |
| Creative Nutrition - Gerry Gallagher  | C/Nut    | 24    |
| Energetic Kinesiology - Kathy Carmuciano  | A        | 32    |
| Essence of Change - Gerry Gallagher   | C        | 24    |
| Five Elements BioEnergetics I- Damien Brown   | B        | 29    |
| Five Elements BioEnergetics II- Damien Brown  | B        | 29    |
| Five Elements BioEnergetics III- Damien Brown   | B        | 29    |
| Foot Joint Mobilisation (2 Day Course) - Peter Morningstar  | C/A&P    | 16    |
| Heart Healing - Toni Lilley   | A        | 65    |
| Integrating Primitive Reflexes using Brain Gym® & Touch for Health- Tracey Tinker                 | B        | 16    |
| Integrative Neurocardiology- Marco Rado   | B        | 21    |
| Kinesiology Applications 2 - Guy Bennett  | B        | 16    |
| Metabolic Markers- Damien Brown   | B        | 40    |
| Motivation in the 3 Dimensions- Patty Leahy   | B        | 16    |
| Muscle Performance & Enhancement - John Holodnak  | C        | 18    |
| Neuro Spiritual Integration - Peter McLellan  | C        | 32    |
| Psychenergetix - Lyn Treloar  | A        | 45    |
| Sabotage Clearing & Goal Enhancement- Malcolm & Suanne Chaffer                                    | C        | 16    |
| Simply The Brain- Jacque Mooney   | B/A&P    | 24/12 |
| The Brain, The Senses & Brain Function- Kathy Carmuciano  | C        | 40    |
| The Gait, Auditory, Fascial Connection- Bernard Carson  | D        | 16    |
| The Lifeline Technique Certification Program- Dr. Darren Weissman                                 | B        | 159   |
| Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia Marina                              | C/Comm   | 40    |
| <b>ACCESSING THE POWER OF THE EIGHT EXTRAORDINARY CHANNELS (APEC) - A. Parker &amp; S. Lovell</b> |          |       |
| APEC 1  | C        | 16    |
| APEC 2  | C        | 16    |
| APEC 3  | C        | 16    |
| <b>APPLIED BIOKINETICS - Toni Lilley and Greg Galton</b>  |          |       |
| Basic Biokinetics   | B        | 15    |

### ABBREVIATIONS

A&P = Anatomy & Physiology  
 BM = Business Management (formerly PM- Practice Management)  
 Comm = Communication  
 HS = Home Study  
 Nut = Nutrition  
 WB = Workbook  
 Category A: Foundation Kinesiology Courses  
 Category B: Specialised courses - require foundation Kinesiology as a pre-requisite  
 Category C: Specialised courses - some require foundation Kinesiology as a pre-requisite  
 Category D: Additional skills training- CPE course only (i.e cannot be used for practitioner registration)

### AKA Accredited REGISTERED TRAINING ORGANISATIONS (RTO) offering DIPLOMA HLT 52415

|   |  |
|---|--|
| College of Complementary Medicine, NSW          | <a href="http://www.complementary.com.au">www.complementary.com.au</a>                     |
| College of Neuro Training NSW, SA, VIC, WA      | <a href="http://www.collegeofneuro-training.edu.au">www.collegeofneuro-training.edu.au</a> |
| Create Your Reality College of Kinesiology, QLD | <a href="http://www.createyourreality.com.au">www.createyourreality.com.au</a>             |
| ICPKP Australasia, NSW                          | <a href="http://www.icpkp.edu.au">www.icpkp.edu.au</a>                                     |
| ICPKP via Kinesiology Schools Australia (KSA)   | <a href="http://www.kinesiologyschools.com.au">www.kinesiologyschools.com.au</a>           |
| IKON Institute of Australia, SA, VIC, QLD, WA   | <a href="http://www.ikoninstitute.com.au">www.ikoninstitute.com.au</a>                     |
| NK Institute, QLD, NSW, VIC, WA                 | <a href="http://www.nkinstitute.com">www.nkinstitute.com</a>                               |

### WORKBOOK HOURS:

AKACAB accredited approved kinesiology workbook hours: 66% of the nominal hours or as determined by CAB

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| <b>APPLIED PHYSIOLOGY – Richard Utt (Rep Jacque Mooney)</b> |        |     |
|---|--------|-----|
| 5 Houses of Chi   | B      | 24  |
| 7 Chi Keys  | B      | 72  |
| Advanced Applied Physiology                                 | B      | 40  |
| Amino Acids   | B      | 16  |
| Anatomy and Physiology of the Brain                         | B/A&P  | 80  |
| Advanced Acupressure  | B      | 56  |
| Attitude with Essence                                       | A      | 24  |
| Auditory Dyslexia Hologram                                  | B      | 10  |
| Basketweaver  | B      | 16  |
| Canopener   | B      | 16  |
| Cell Hologram   | B      | 24  |
| Centering: cloacals, gaits and hyoids                       | B      | 16  |
| Cranials  | B      | 16  |
| Gall bladder Master   | B      | 16  |
| Holographic Muscle Monitoring                               | A      | 32  |
| Large Intestine Master                                      | B      | 16  |
| Liver Master  | B      | 16  |
| Muscle Hologram   | B      | 40  |
| Pitch, roll & jaw   | B      | 16  |
| Salt Bath   | B      | 24  |
| Small Intestine Master                                      | B      | 16  |
| Spleen/Pancreas Master                                      | B      | 16  |
| Stomach Master  | B      | 16  |
| Tao of Blood  | B/A&P  | 24  |
| Tibetan Figure 8  | B      | 10  |
| TMJ   | B      | 16  |
| Visual Dyslexia Hologram                                    | B      | 10  |
| <b>AROMATIC KINESIOLOGY - Robbi Zeck</b>                    |        |     |
| Aromatic Kinesiology 1                                      | C      | 24  |
| Aromatic Kinesiology 2                                      | C      | 24  |
| <b>BODY &amp; SOUL – Lisa Hare</b>                          |        |     |
| Body and Soul 1 (formerly Body Talk 1)                      | A      | 33  |
| Body and Soul 2 (formerly Body Talk 2)                      | B      | 33  |
| Body and Soul 3   | B      | 33  |
| <b>COUNSELLING KINESIOLOGY – Gordon Dickson</b>             |        |     |
| Intro to Counseling Kinesiology                             | A      | 8   |
| Empowering Relationships - CK 2                             | B/Comm | 40  |
| Resolving Emotional Stress - CK 1                           | B/Comm | 116 |
| <b>CRANIAL KINESIOLOGY – Guy Bennett (Diploma Provider)</b> |        |     |
| Bio Harmonics CK2   | B      | 16  |
| Cranial Kinesiology 1                                       | B      | 20  |

| <b>AKA ACCREDITED COMMUNICATION COURSES</b>                          | CATEGORY | HOURS |
|--|----------|-------|
| Communication for Kinesiology - Paul Bennett                         | Comm     | 40    |
| Counselling Kinesiology 1 - Resolving Emotional Stress - G. Dickson  | Comm/B   | 116   |
| Counselling Kinesiology 2 - Empowering Relationships - G. Dickson    | Comm/B   | 40    |
| Dynamic Communication - T. Lilley, A. McRobert & A. Mitchell         | Comm     | 50    |
| Establish and Manage Client Relationships- T. Lilley                 | Comm     | 50    |
| First Aid for Emotional Trauma - Kin Excellence Seminars             | Comm     | 16    |
| Chi Touch Conscious Communicating- Marguerite Wetton                 | Comm     | 24    |
| Chi Touch Conscious Parenting- Marguerite Wetton                     | Comm     | 24    |
| Interviewing Skills for Helping Professionals- Arthur Bablis         | Comm     | 48    |
| Louder Than Words - Three in One Concepts                            | Comm/B   | 32    |
| Profit Pathways Program- Terese Mudgway                              | Comm/BM  | 39.5  |
| Southern Lands NLP course- Paul Bennett                              | Comm     | 123   |
| Under the Code - Three in One Concepts                               | Comm/B   | 24    |
| Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia Marina | Comm/C   | 40    |

*AKA accepts Health Training Package (HLT) common units delivered by RTO's qualified to deliver HLT common units*

| <b>AKA ACCREDITED NUTRITION COURSES</b>                        | CATEGORY | HOURS |
|--|----------|-------|
| Applied Nutrition and Human Metabolism 3 modules -Damian Brown |          |       |
| * Nutrition Foundations Module                                 | Nut      | 20    |
| *Weight Loss, Fat Loss and Body Metabolism Module              | Nut      | 20    |
| * Food Allergy Intolerance and Sensitivity Module              | Nut      | 20    |
| Creative Nutrition - Gerry Gallagher                           | Nut/C    | 24    |
| Food for Thought - Christine Ammann                            | Nut      | 80    |
| Herbs for Kinesiologists- Parijat Wismer                       | Nut      | 45    |
| Nutrition for Kinesiologists- Parijat Wismer                   | Nut/C    | 45    |
| Nutrition Hologram   | Nut/C    | 56    |

*AKA also accepts HLT nutrition units delivered by RTO's qualified to deliver HLT Nutrition units*

| <b>AKA ACCREDITED BUSINESS MANAGEMENT COURSES</b>                | CATEGORY | HOURS |
|--|----------|-------|
| Spirit in Practice - Robbi Zeck                                  | BM       | 50    |
| Profit Pathways Program- Terese Mudgway                          | Comm/BM  | 39.5  |
| Professional Practice Management for Kinesiologists- Toni Lilley | BM       | 50    |

*AKA also accepts government accredited Business Management courses*

|   |        |        |
|---|--------|--------|
| Nutrition and Physiology Applications   | B      | 104    |
| Structural Fundamentals   | B      | 32     |
| Structural Paradigm CK3   | B      | 24     |
| <b>DYNAMIC KINESIOLOGY – Christine Ammann</b>   |        |        |
| Dynamic Kinesiology Essentials (DKE) Modules 1-4  | A/A&P  | 102/50 |
| Dynamic Kinesiology Practitioner (DKP) Modules 1-6  | B/Comm | 203/50 |
| Kinesiology: An Application for Professionals   | A      | 40     |
| <b>EDU-K – Paul and Gail Dennison (Rep Chris Bozkewycz)</b>                                 |        |        |
| Brain Gym 101- <i>needs to be taken with Edu-K in Depth</i>                                 | A      | 32     |
| Brain Gym for Educators   | B      | 32     |
| Brain Gym for Movement, Dance & Sport   | B      | 32     |
| Brain Gym for Special Needs   | A      | 32     |
| Brain Gym Teacher Practicum   | B      | 40     |
| Creative Vision   | B      | 24     |
| Dennison Whole Brain Learning   | B      | 16     |
| Edu-K in Depth - <i>needs to be taken with Brain Gym</i>                                    | A      | 40     |
| In Sync 1   | B      | 24     |
| In Sync 2   | B      | 24     |
| Language of Movement- Paul Dennison   | B      | 24     |
| Movement Exploration 1  | B      | 32     |
| Movement Re-Education   | B      | 24     |
| Optimal Brain Organization ( <i>replaces BOP</i> )  | B      | 24     |
| Physiological Basis Learning and Kinesiology  | C      | 16     |
| Professional Principles 1-4   | B      | 32     |
| Total Core Repatterning   | B      | 24     |
| Visioncircles   | B      | 24     |
| Visioncircles Teacher training  | B      | 32     |
| <b>EMOTIONS AND METAPHYSICAL KINESIOLOGY – BY THE BAY KINESIOLOGY (Rep Denise Robinson)</b> |        |        |
| Chakra Healing Kinesiology  | B      | 26     |
| Kineasy Intro Course  | A      | 20     |
| Mastery of the Five Elements Core Essence & Character                                       | B      | 26     |
| Emotional Meridian Harmony Kinesiology  | B      | 30     |
| <b>INTEGRATED HEALING – Matilda Van Dyke/Nick Oliver (Rep Nicola Barrett)</b>               |        |        |
| Healing Body (Module 3)   | B      | 16     |
| Healing Concepts (Module 2)   | B      | 16     |
| Healing Mind (Module 4)   | B      | 16     |
| Healing Pathways (Module 1)   | B      | 16     |
| Integrated Healing Workbook Module 1 & 2  | B      | 22     |
| Integrated Healing Workbook Module 3 & 4  | B      | 22     |

| <b>AKA ACCREDITED ANATOMY &amp; PHYSIOLOGY COURSES</b>    | <b>CATEGORY</b> | <b>HOURS</b> |
|---|-----------------|--------------|
| Anatomy & Physiology- Toni Lilley                         | A&P             | 100          |
| Anatomy and Physiology of the Brain (Applied Physiology)  | B/A&P           | 40/40        |
| Dynamic Kinesiology 1- Christine Ammann                   | A/ A&P          | 102/50       |
| Dynamic Kinesiology 2- Christine Ammann                   | A/ A&P          | 102/50       |
| Dynamic Kinesiology 3- Christine Ammann                   | A/ A&P          | 102/50       |
| Dynamic Kinesiology 4- Christine Ammann                   | A/ A&P          | 102/50       |
| Foot Joint Mobilisation (1 Day Course)- Peter Morningstar | A&P             | 8            |
| Foot Joint Mobilisation (2 Day Course)- Peter Morningstar | C/A&P           | 16           |
| Immune and Vaccination Pathways 1                         | C/A&P           | 32           |
| Immune and Vaccination Pathways 2                         | C/A&P           | 24           |
| LEAP Brain Integration 1 (C Krebs)                        | B/A&P           | 40/20        |
| LEAP Brain Integration 2 (C Krebs)                        | B/A&P           | 40/20        |
| LEAP Brain Integration 3 B/A&P (C Krebs)                  | B/A&P           | 40/20        |
| LEAP Brain Integration 4 (C Krebs)                        | B/A&P           | 32/16        |
| Simply the Brain- Jacque Mooney                           | B/A&P           | 24-Dec       |
| Tao of Blood (Applied Physiology)                         | B/A&P           | 12/12        |

*AKA also accepts government accredited A & P courses*

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| Integrated Healing Master Class 1  | D     | 8   |
| Integrated Healing Master Class 2  | D     | 8   |
| Integrated Healing Master Class 3  | D     | 8   |
| Integrated Healing Master Class 4  | D     | 8   |
| <b>KINERGETICS – Philip Rafferty</b>                                       |       |     |
| Kinergetics Unit 1   | A     | 15  |
| Kinergetics Unit 2   | A     | 15  |
| Kinergetics Unit 3   | A     | 15  |
| Kinergetics Unit 4   | B     | 15  |
| Kinergetics Unit 5   | B     | 15  |
| Kinergetics Unit 6   | C     | 15  |
| Kinergetics Instructor Workbook Unit 1                                     | B     | 30  |
| Kinergetics Instructor Workbook Unit 2                                     | B     | 22  |
| Kinergetics Instructor Workbook Unit 3                                     | B     | 22  |
| Kinergetics Instructor Workbook Unit 4                                     | B     | 22  |
| Kinergetics Instructor Workbook Unit 5                                     | B     | 15  |
| <b>KINESIOLOGY EXCELLENCE SEMINARS – Parijat Wismer</b> (Diploma Provider) |       |     |
| Chi of Money and Self Esteem   | B     | 44  |
| Herbs for Kinesiologists   | Nut   | 45  |
| Nutrition for Kinesiologists   | C/Nut | 45  |
| Weight Management for Kinesiologists                                       | C     | 45  |
| <b>LEAP – Dr. Charles Krebs</b> (Rep Jacque Mooney)                        |       |     |
| LEAP Brain Integration 1   | B/A&P | 80  |
| LEAP Brain Integration 1B Glial Cells                                      | B/A&P | 56  |
| LEAP Brain Integration 2   | B/A&P | 80  |
| LEAP Brain Integration 3   | B/A&P | 80  |
| LEAP Brain Integration 4   | B/A&P | 80  |
| LEAP Brain Integration 5   | B/A&P | 88  |
| Environmental Factors  | B/A&P | 72  |
| Energetic Structure of Man and the Universe 1                              | C     | 24  |
| Energetic Structure of Man and the Universe 2                              | C     | 24  |
| Law of 5 Elements  | B     | 56  |
| <b>MIND BODY MEDICINE (MBM)- 10003NAT- David Corby</b> (Diploma Provider)  |       |     |
| Introduction to Kinesiology  | A     | 108 |
| Introduction to MBM  | B     | 27  |
| MBM 2 System   | B     | 71  |
| MBM 3 System   | C     | 97  |
| Emotion Spirit & Destiny & The Dao of Clinical Practise                    | B     | 84  |
| Dynamic Structure  | B     | 84  |
| Applying Physiology & Nutrition  | C     | 91  |

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|  |       |     |
|--|-------|-----|
| Clinical Conditions & Clinic   | C     | 74  |
| <b>NEURAL ORGANISATION TECHNIQUE (NOT) – Dr. Carl Ferrerri</b> (Rep P. McLellan) |       |     |
| NOT 1  | B     | 32  |
| NOT 2  | B     | 32  |
| NOT 3  | B     | 32  |
| <b>NEUROENERGETIC KINESIOLOGY – Hugo Tobar</b> (Diploma Provider)                |       |     |
| Body Structure Hologram 1  | B     | 32  |
| Body Structure Hologram 2  | B     | 24  |
| Brain Formatting   | B     | 16  |
| Brain Hologram A   | C     | 32  |
| Brain Hologram B   | C     | 32  |
| Brain Hologram C   | C     | 32  |
| Brain Hologram D   | C     | 8   |
| Celestial Chakra Hologram  | B     | 32  |
| Chakra Balance   | B     | 16  |
| Chakra Hologram 1  | B     | 32  |
| Chakra Hologram 2  | B     | 32  |
| Chakra Metaphors   | B     | 16  |
| Genetic I-Ching  | B     | 24  |
| Hormone Hologram 1   | C     | 32  |
| Hormone Hologram 2   | C     | 16  |
| Immune and Vaccination Pathways 1  | C/A&P | 32  |
| Immune and Vaccination Pathways 2  | C/A&P | 24  |
| Neuro Transmitter Hologram   | C     | 48  |
| Neuro-Emotional Pathways 1   | B     | 32  |
| Neuro-Emotional Pathways 2   | B     | 24  |
| Neuro-Emotional Pathways 3   | B     | 24  |
| Neuro-Emotional Pathways 4   | B     | 32  |
| Nutrition Hologram ( <i>prev Nutritional &amp; Biochemical Pathways</i> )        | C/Nut | 56  |
| Physiology Formatting  | B     | 16  |
| Primitive Reflexes and Brain Stem  | C     | 16  |
| Primitive Reflexes and Brain Stem 2  | C     | 16  |
| Primitive Reflexes and Brain Stem 3  | C     | 32  |
| Principles of Kinesiology (1-4)  | A     | 146 |
| Sound & Light Healing  | B     | 8   |
| <b>NEUROLINGUISTIC KINESIOLOGY (NLK) – Wendy Bennet</b>                          |       |     |
| Neurolinguistic Kinesiology 1  | A     | 30  |
| Neurolinguistic Kinesiology 2  | A     | 30  |
| Neurolinguistic Kinesiology 3  | B     | 50  |
| Neurolinguistic Kinesiology 4  | B     | 50  |
| Neurolinguistic Kinesiology 5  | B     | 50  |
| Neurolinguistic Kinesiology 6  | B     | 50  |
| Neurolinguistic Kinesiology 7 - Instructor Training                              | B     | 60  |

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**Qi TOUCH KINESIOLOGY - Marguerite Wetton**

|  |   |    |
|--|---|----|
| Qi Touch Kinesiology (previously Integrated Touch Balance (ITB)) | A | 40 |
|--|---|----|

**REFLEXES KINESIOLOGY – Brendan O’Hara**

|                                       |   |    |
|---------------------------------------|---|----|
| Primitive & Postural Reflexes Level 1 | C | 16 |
| Primitive & Postural Reflexes Level 2 | C | 32 |
| Movement, The Brain and Learning      | C | 16 |

**INTERNATIONAL RHYTHMIC MOVEMENT TRAINING iRMT - Moira Dempsey**

|   |   |    |
|---|---|----|
| RMT 1 - RMT for Focus, Organisation and Comprehension | C | 16 |
| RMT 2 - RMT for Emotions, Memory & Behaviour          | C | 8  |
| RMT 3 - RMT for Reading and Writing                   | C | 16 |
| Face the Fear   | C | 16 |

**SFEF – Lionel Thomas**

|  |   |    |
|--|---|----|
| SFEF 1                                 | A | 28 |
| SFEF 2                                 | A | 28 |
| SFEF 3                                 | A | 28 |
| SFEF Practitioner                      | B | 70 |
| SFEF Kinesiology Advanced Practitioner | B | 63 |
| SFEF Instructor                        | B | 32 |

**SIPS – Ian Stubbings**

|          |   |    |
|----------|---|----|
| SIPS 1   | B | 24 |
| SIPS 2   | B | 24 |
| SIPS BAP | B | 16 |

**SOUL POWER KINESIOLOGY- Catherine North**

|  |   |    |
|--|---|----|
| Foundation Course ( <i>formerly Soul Power Kinesiology Level 1</i> ) | A | 26 |
| Soul Power Kinesiology Level 2                                       | A | 26 |
| Soul Power Kinesiology Level 3                                       | A | 26 |
| Soul Power Kinesiology Levels 4 to 6                                 | B | 78 |

**THREE IN ONE CONCEPTS – Gordon Stokes and Daniel Whiteside (Rep Anne Summers)**

|  |        |    |
|--|--------|----|
| Adolescence, Maturity & Love   | B      | 32 |
| Advanced One Brain   | B      | 32 |
| Body Circuits - Pain and Understanding   | B      | 40 |
| Childhood, Sexuality & Ageing  | B      | 32 |
| Improved Learning Awareness ( <i>prev. Basic OB, needs to be done with TOT</i> ) | A      | 24 |
| Louder Than Words  | B/Comm | 32 |
| Minding Your Business  | C      | 8  |

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|  |        |      |
|--|--------|------|
| Relationships in Jeopardy  | B      | 32   |
| Structural Neurology   | B      | 32   |
| Tools of the Trade <i>(needs to be done with BOB)</i>                  | A      | 16   |
| Under the Code   | B/Comm | 24   |
| <b>TRANSFORMATIONAL KINESIOLOGY- Grethe Fremming</b> (Rep Pam Sussman) |        |      |
| Optimal Integration <i>(formerly TK Foundation)</i>                    | A      | 15   |
| Transformational Kinesiology (TK) 1                                    | A      | 37.5 |
| Transformational Kinesiology (TK) 2                                    | B      | 37.5 |
| Transformational Kinesiology (TK) 3                                    | C      | 37.5 |
| Transformational Kinesiology (TK) 4                                    | C      | 37.5 |
| Transformational Kinesiology (TK) 5                                    | C      | 37.5 |
| Inner Leadership 1   | B      | 15   |
| Inner Leadership 2   | C      | 15   |
| Energetic Anatomy 1  | B      | 37.5 |
| <b>TOUCH FOR HEALTH (TFH) – Dr John Thie</b> (Rep Toni Lilley)         |        |      |
| TFH 1  | A      | 16   |
| TFH 2  | A      | 16   |
| TFH 3  | A      | 16   |
| TFH 4  | A      | 16   |
| TFH Training Workshop  | B      | 64   |
| TFH Metaphor Workshop  | B      | 16   |
| TFH Proficiency  | A      | 16   |
| TFH Workbook Practical Exercises                                       | A      | 60   |
| THF Continuing Education   | B      | 15   |
| Eat Right, Live Right  | C      | 3    |
| Healthy Pets   | C      | 7    |
| Kinesiology for Kids   | C      | 3    |
| Perceptive Vision  | C      | 3    |
| <b>TOUCH FOR HEALTH SCHOOLS – Maurizio Piva</b> (Rep Toni Lilley)      |        |      |
| Touch For Health Schools - Maurizio Piva (Rep Toni Lilley)             | C      | 20   |

**Practitioner Registration: If you have completed a course that is currently not listed and require information for practitioner registration, please contact the AKA to check its past status.**