



## Australian Kinesiology Association ~ List of Fully Accredited Kinesiology and Practitioner Courses ~ as at 1st June 2019

INDIVIDUAL COURSES	CATEGORY	HOURS
Basics of Life- Marco-Rado	B	16
Cellular Memory Integration - Patti Leahy-Shrewsbury	A	24
Coming to Grips with Learning - Bernard Carson/Shanagh Sangster	C	22
Creative Nutrition - Gerry Gallagher	C/Nut	24
Energetic Kinesiology - Kathy Carmuciano	A	32
Essence of Change - Gerry Gallagher	C	24
Five Elements BioEnergetics I- Damien Brown	B	29
Five Elements BioEnergetics II- Damien Brown	B	29
Five Elements BioEnergetics III- Damien Brown	B	29
Foot Joint Mobilisation (2 Day Course) - Peter Morningstar	C/A&P	16
Heart Healing - Toni Lilley	A	65
Integrating Primitive Reflexes using Brain Gym® & Touch for Health- Tracey Tinker	B	16
Integrative Neurocardiology- Marco Rado	B	21
Kinesiology Applications 2 - Guy Bennett	B	16
Metabolic Markers- Damien Brown	B	40
Motivation in the 3 Dimensions- Patty Leahy	B	16
Muscle Performance & Enhancement - John Holodnak	C	18
Neuro Spiritual Integration - Peter McLellan	C	32
Psychenergetix - Lyn Treloar	A	45
Sabotage Clearing & Goal Enhancement- Malcolm & Suanne Chaffer	C	16
Simply The Brain- Jacque Mooney	B/A&P	24/12
The Brain, The Senses & Brain Function- Kathy Carmuciano	C	40
The Gait, Auditory, Fascial Connection- Bernard Carson	D	16
The Lifeline Technique Certification Program- Dr. Darren Weissman	B	159
Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia Marina	C/Comm	40
<b>ACCESSING THE POWER OF THE EIGHT EXTRAORDINARY CHANNELS (APEC) - A. Parker &amp; S. Lovell</b>		
APEC 1	C	16
APEC 2	C	16
APEC 3	C	16
<b>APPLIED BIOKINETICS - Toni Lilley and Greg Galton</b>		
Basic Biokinetics	B	15

### ABBREVIATIONS

A&P = Anatomy & Physiology

BM = Business Management *(formerly PM- Practice Management)*

Comm = Communication

HS = Home Study

Nut = Nutrition

WB = Workbook

Category A: Foundation Kinesiology Courses

Category B: Specialised courses - require foundation Kinesiology as a pre-requisite

Category C: Specialised courses - some require foundation Kinesiology as a pre-requisite

Category D: Additional skills training- CPE course only (i.e cannot be used for practitioner registration)

### AKA Accredited REGISTERED TRAINING ORGANISATIONS (RTO) offering DIPLOMA HLT 52415

College of Complementary Medicine, NSW

[www.complementary.com.au](http://www.complementary.com.au)

College of Neuro Training NSW, SA, VIC, WA

[www.collegeofneuro-training.edu.au](http://www.collegeofneuro-training.edu.au)

Create Your Reality College of Kinesiology, QLD

[www.createyourreality.com.au](http://www.createyourreality.com.au)

ICPKP Australasia, NSW

[www.icpkp.edu.au](http://www.icpkp.edu.au)

ICPKP via Kinesiology Schools Australia (KSA)

[www.kinesiologyschools.com.au](http://www.kinesiologyschools.com.au)

IKON Institute of Australia, SA, VIC, QLD, WA

[www.ikoninstitute.com.au](http://www.ikoninstitute.com.au)

NK Institute, QLD, NSW, VIC, WA

[www.nkinstitute.com](http://www.nkinstitute.com)

### WORKBOOK HOURS:

AKACAB accredited approved kinesiology workbook hours: 66% of the nominal hours or as determined by CAB

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<b>APPLIED PHYSIOLOGY – Richard Utt (Rep Jacque Mooney)</b>		
5 Houses of Chi	B	24
7 Chi Keys	B	72
Advanced Applied Physiology	B	40
Amino Acids	B	16
Anatomy and Physiology of the Brain	B/A&P	80
Advanced Acupressure	B	56
Attitude with Essence	A	24
Auditory Dyslexia Hologram	B	10
Basketweaver	B	16
Canopener	B	16
Cell Hologram	B	24
Centering: cloacals, gaits and hyoids	B	16
Cranials	B	16
Gall bladder Master	B	16
Holographic Muscle Monitoring	A	32
Large Intestine Master	B	16
Liver Master	B	16
Muscle Hologram	B	40
Pitch, roll & jaw	B	16
Salt Bath	B	24
Small Intestine Master	B	16
Spleen/Pancreas Master	B	16
Stomach Master	B	16
Tao of Blood	B/A&P	24
Tibetan Figure 8	B	10
TMJ	B	16
Visual Dyslexia Hologram	B	10
<b>AROMATIC KINESIOLOGY - Robbi Zeck</b>		
Aromatic Kinesiology 1	C	24
Aromatic Kinesiology 2	C	24
<b>BODY &amp; SOUL – Lisa Hare</b>		
Body and Soul 1 (formerly Body Talk 1)	A	33
Body and Soul 2 (formerly Body Talk 2)	B	33
Body and Soul 3	B	33
<b>COUNSELLING KINESIOLOGY – Gordon Dickson</b>		
Intro to Counseling Kinesiology	A	8
Empowering Relationships - CK 2	B/Comm	40
Resolving Emotional Stress - CK 1	B/Comm	116
<b>CRANIAL KINESIOLOGY – Guy Bennett (Diploma Provider)</b>		
Bio Harmonics CK2	B	16
Cranial Kinesiology 1	B	20

<b>AKA ACCREDITED COMMUNICATION COURSES</b>	<b>CATEGORY</b>	<b>HOURS</b>
Communication for Kinesiology - Paul Bennett	Comm	40
Counselling Kinesiology 1 - Resolving Emotional Stress - G. Dickson	Comm/B	116
Counselling Kinesiology 2 - Empowering Relationships - G. Dickson	Comm/B	40
Dynamic Communication - T. Lilley, A. McRobert & A. Mitchell	Comm	50
Establish and Manage Client Relationships- T. Lilley	Comm	50
First Aid for Emotional Trauma - Kin Excellence Seminars	Comm	16
Chi Touch Conscious Communicating- Marguerite Wetton	Comm	24
Chi Touch Conscious Parenting- Marguerite Wetton	Comm	24
Interviewing Skills for Helping Professionals- Arthur Babilis	Comm	48
Louder Than Words - Three in One Concepts	Comm/B	32
Profit Pathways Program- Terese Mudgway	Comm/BM	39.5
Southern Lands NLP course- Paul Bennett	Comm	123
Under the Code - Three in One Concepts	Comm/B	24
Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia Marina	Comm/C	40

*AKA accepts Health Training Package (HLT) common units delivered by RTO's qualified to deliver HLT common units*

<b>AKA ACCREDITED NUTRITION COURSES</b>	<b>CATEGORY</b>	<b>HOURS</b>
Applied Nutrition and Human Metabolism 3 modules -Damian Brown		
* Nutrition Foundations Module	Nut	20
*Weight Loss, Fat Loss and Body Metabolism Module	Nut	20
* Food Allergy Intolerance and Sensitivity Module	Nut	20
Creative Nutrition - Gerry Gallagher	Nut/C	24
Food for Thought - Christine Ammann	Nut	80
Herbs for Kinesiologists- Parijat Wismer	Nut	45
Nutrition for Kinesiologists- Parijat Wismer	Nut/C	45
Nutrition Hologram	Nut/C	56

*AKA also accepts HLT nutrition units delivered by RTO's qualified to deliver HLT Nutrition units*

<b>AKA ACCREDITED BUSINESS MANAGEMENT COURSES</b>	<b>CATEGORY</b>	<b>HOURS</b>
Spirit in Practice - Robbi Zeck	BM	50
Profit Pathways Program- Terese Mudgway	Comm/BM	39.5
Professional Practice Management for Kinesiologists- Toni Lilley	BM	50

*AKA also accepts government accredited Business Management courses*

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Nutrition and Physiology Applications	B	104
Structural Fundamentals	B	32
Structural Paradigm CK3	B	24
<b>DYNAMIC KINESIOLOGY – Christine Ammann</b>		
Dynamic Kinesiology Essentials (DKE) Modules 1-4	A/A&P	102/50
Dynamic Kinesiology Practitioner (DKP) Modules 1-6	B/Comm	203/50
Kinesiology: An Application for Professionals	A	40
<b>EDU-K – Paul and Gail Dennison (Rep Chris Bozkewycz)</b>		
Brain Gym 101- <i>needs to be taken with Edu-K in Depth</i>	A	32
Brain Gym for Educators	B	32
Brain Gym for Movement, Dance & Sport	B	32
Brain Gym for Special Needs	A	32
Brain Gym Teacher Practicum	B	40
Creative Vision	B	24
Dennison Whole Brain Learning	B	16
Edu-K in Depth - <i>needs to be taken with Brain Gym</i>	A	40
In Sync 1	B	24
In Sync 2	B	24
Language of Movement- Paul Dennison	B	24
Movement Exploration 1	B	32
Movement Re-Education	B	24
Optimal Brain Organization ( <i>replaces BOP</i> )	B	24
Physiological Basis Learning and Kinesiology	C	16
Professional Principles 1-4	B	32
Total Core Repatterning	B	24
Visioncircles	B	24
Visioncircles Teacher training	B	32
<b>EMOTIONS AND METAPHYSICAL KINESIOLOGY – BY THE BAY KINESIOLOGY (Rep Denise Robinson)</b>		
Aura Balancing Kinesiology	B	26
Chakra Healing Kinesiology	B	26
Emotional Meridian Harmony Kinesiology	B	30
Kineasy Intro Course	A	20
Mastery of the Five Elements Core Essence & Character	B	26
Transpersonal Chakra Kinesiology (TCK)	B	26
<b>INTEGRATED HEALING – Matilda Van Dyke/Nick Oliver (Rep Nicola Barrett)</b>		
Healing Body (Module 3)	B	16
Healing Concepts (Module 2)	B	16
Healing Mind (Module 4)	B	16
Healing Pathways (Module 1)	B	16

<b>AKA ACCREDITED ANATOMY &amp; PHYSIOLOGY COURSES</b>	CATEGORY	HOURS
Anatomy & Physiology- Toni Lilley	A&P	100
Anatomy and Physiology of the Brain (Applied Physiology)	B/A&P	40/40
Dynamic Kinesiology 1- Christine Ammann	A/ A&P	102/50
Dynamic Kinesiology 2- Christine Ammann	A/ A&P	102/50
Dynamic Kinesiology 3- Christine Ammann	A/ A&P	102/50
Dynamic Kinesiology 4- Christine Ammann	A/ A&P	102/50
Foot Joint Mobilisation (1 Day Course)- Peter Morningstar	A&P	8
Foot Joint Mobilisation (2 Day Course)- Peter Morningstar	C/A&P	16
Immune and Vaccination Pathways 1	C/A&P	32
Immune and Vaccination Pathways 2	C/A&P	24
LEAP Brain Integration 1 (C Krebs)	B/A&P	40/20
LEAP Brain Integration 2 (C Krebs)	B/A&P	40/20
LEAP Brain Integration 3 B/A&P (C Krebs)	B/A&P	40/20
LEAP Brain Integration 4 (C Krebs)	B/A&P	32/16
Simply the Brain- Jacque Mooney	B/A&P	24-Dec
Tao of Blood (Applied Physiology)	B/A&P	12/12

*AKA also accepts government accredited A & P courses*

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Integrated Healing Workbook Module 1 & 2	B	22
Integrated Healing Workbook Module 3 & 4	B	22
Integrated Healing Master Class 1	D	8
Integrated Healing Master Class 2	D	8
Integrated Healing Master Class 3	D	8
Integrated Healing Master Class 4	D	8

**KINERGETICS – Philip Rafferty**

Kinergetics Unit 1	A	15
Kinergetics Unit 2	A	15
Kinergetics Unit 3	A	15
Kinergetics Unit 4	B	15
Kinergetics Unit 5	B	15
Kinergetics Unit 6	C	15
Kinergetics Instructor Workbook Unit 1	B	30
Kinergetics Instructor Workbook Unit 2	B	22
Kinergetics Instructor Workbook Unit 3	B	22
Kinergetics Instructor Workbook Unit 4	B	22
Kinergetics Instructor Workbook Unit 5	B	15

**KINESIOLOGY EXCELLENCE SEMINARS – Parijat Wismer** (Diploma Provider)

Chi of Money and Self Esteem	B	44
Herbs for Kinesiologists	Nut	45
Nutrition for Kinesiologists	C/Nut	45
Weight Management for Kinesiologists	C	45

**LEAP – Dr. Charles Krebs** (Rep Jacque Mooney)

LEAP Brain Integration 1	B/A&P	80
LEAP Brain Integration 1B Glial Cells	B/A&P	56
LEAP Brain Integration 2	B/A&P	80
LEAP Brain Integration 3	B/A&P	80
LEAP Brain Integration 4	B/A&P	80
LEAP Brain Integration 5	B/A&P	88
Environmental Factors	B/A&P	72
Energetic Structure of Man and the Universe 1	C	24
Energetic Structure of Man and the Universe 2	C	24
Law of 5 Elements	B	56

**MIND BODY MEDICINE (MBM)- 10003NAT- David Corby** (Diploma Provider)

Introduction to Kinesiology	A	108
Introduction to MBM	B	27
MBM 2 System	B	71
MBM 3 System	C	97
Emotion Spirit & Destiny & The Dao of Clinical Practise	B	84

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Dynamic Structure	B	84
Applying Physiology & Nutrition	C	91
Clinical Conditions & Clinic	C	74
<b>NEURAL ORGANISATION TECHNIQUE (NOT) – Dr. Carl Ferrerri</b> (Rep P. McLellan)		
NOT 1	B	32
NOT 2	B	32
NOT 3	B	32
<b>NEUROENERGETIC KINESIOLOGY – Hugo Tobar</b> (Diploma Provider)		
Body Structure Hologram 1	B	32
Body Structure Hologram 2	B	24
Brain Formatting	B	16
Brain Hologram A	C	32
Brain Hologram B	C	32
Brain Hologram C	C	32
Brain Hologram D	C	8
Celestial Chakra Hologram	B	32
Chakra Balance	B	16
Chakra Hologram 1	B	32
Chakra Hologram 2	B	32
Chakra Metaphors	B	16
Genetic I-Ching	B	24
Hormone Hologram 1	C	32
Hormone Hologram 2	C	16
Immune and Vaccination Pathways 1	C/A&P	32
Immune and Vaccination Pathways 2	C/A&P	24
Neuro Transmitter Hologram	C	48
Neuro-Emotional Pathways 1	B	32
Neuro-Emotional Pathways 2	B	24
Neuro-Emotional Pathways 3	B	24
Neuro-Emotional Pathways 4	B	32
Nutrition Hologram ( <i>prev Nutritional &amp; Biochemical Pathways</i> )	C/Nut	56
Physiology Formatting	B	16
Primitive Reflexes and Brain Stem	C	16
Primitive Reflexes and Brain Stem 2	C	16
Primitive Reflexes and Brain Stem 3	C	32
Principles of Kinesiology (1-4)	A	146
Sound & Light Healing	B	8
<b>NEUROLINGUISTIC KINESIOLOGY (NLK) – Wendy Bennet</b>		
Neurolinguistic Kinesiology 1	A	30
Neurolinguistic Kinesiology 2	A	30
Neurolinguistic Kinesiology 3	B	50
Neurolinguistic Kinesiology 4	B	50
Neurolinguistic Kinesiology 5	B	50

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Neurolinguistic Kinesiology 6	B	50
Neurolinguistic Kinesiology 7 - Instructor Training	B	60
<b>Qi TOUCH KINESIOLOGY - Marguerite Wetton</b>		
Qi Touch Kinesiology (previously Integrated Touch Balance (ITB))	A	40
<b>REFLEXES KINESIOLOGY – Brendan O’Hara</b>		
Primitive & Postural Reflexes Level 1	C	16
Primitive & Postural Reflexes Level 2	C	32
Movement, The Brain and Learning	C	16
<b>INTERNATIONAL RHYTHMIC MOVEMENT TRAINING iRMT - Moira Dempsey</b>		
RMT 1 - RMT for Focus, Organisation and Comprehension	C	16
RMT 2 - RMT for Emotions, Memory & Behaviour	C	8
RMT 3 - RMT for Reading and Writing	C	16
Face the Fear	C	16
<b>SFEF – Lionel Thomas</b>		
SFEF 1	A	28
SFEF 2	A	28
SFEF 3	A	28
SFEF Practitioner	B	70
SFEF Kinesiology Advanced Practitioner	B	63
SFEF Instructor	B	32
<b>SIPS – Ian Stubbings</b>		
SIPS 1	B	24
SIPS 2	B	24
SIPS BAP	B	16
<b>SOUL POWER KINESIOLOGY- Catherine North</b>		
Foundation Course ( <i>formerly Soul Power Kinesiology Level 1</i> )	A	26
Soul Power Kinesiology Level 2	A	26
Soul Power Kinesiology Level 3	A	26
Soul Power Kinesiology Levels 4 to 6	B	78
<b>THREE IN ONE CONCEPTS – Gordon Stokes and Daniel Whiteside (Rep Anne Summers)</b>		
Adolescence, Maturity & Love	B	32
Advanced One Brain	B	32
Body Circuits - Pain and Understanding	B	40
Childhood, Sexuality & Ageing	B	32
Improved Learning Awareness ( <i>prev. Basic OB, needs to be done with TOT</i> )	A	24

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Louder Than Words	B/Comm	32
Minding Your Business	C	8
Relationships in Jeopardy	B	32
Structural Neurology	B	32
Tools of the Trade <i>(needs to be done with BOB)</i>	A	16
Under the Code	B/Comm	24
<b>TRANSFORMATIONAL KINESIOLOGY- Grethe Fremming</b> (Rep Pam Sussman)		
Optimal Integration <i>(formerly TK Foundation)</i>	A	15
Transformational Kinesiology (TK) 1	A	37.5
Transformational Kinesiology (TK) 2	B	37.5
Transformational Kinesiology (TK) 3	C	37.5
Transformational Kinesiology (TK) 4	C	37.5
Transformational Kinesiology (TK) 5	C	37.5
Inner Leadership 1	B	15
Inner Leadership 2	C	15
Energetic Anatomy 1	B	37.5
<b>TOUCH FOR HEALTH (TFH) – Dr John Thie</b> (Rep Toni Lilley)		
TFH 1	A	16
TFH 2	A	16
TFH 3	A	16
TFH 4	A	16
TFH Training Workshop	B	64
TFH Metaphor Workshop	B	16
TFH Proficiency	A	16
TFH Workbook Practical Exercises	A	60
THF Continuing Education	B	15
Eat Right, Live Right	C	3
Healthy Pets	C	7
Kinesiology for Kids	C	3
Perceptive Vision	C	3
<b>TOUCH FOR HEALTH SCHOOLS – Maurizio Piva</b> (Rep Toni Lilley)		
Touch For Health Schools - Maurizio Piva (Rep Toni Lilley)	C	20

**Practitioner Registration: If you have completed a course that is currently not listed and require information for practitioner registration, please contact the AKA to check its past status.**