



Australian Kinesiology Association ~ List of Fully Accredited Kinesiology and Practitioner Courses ~ as at 1st June 2017

INDIVIDUAL COURSES	CATEGORY	HOURS
Cellular Memory Integration - Patti Leahy-Shrewsbury	A	24
Chakra Healing Kinesiology - Denise Robinson	B	26
Coming to Grips with Learning - Bernard Carson/Shanagh Sangster	C	22
Creative Nutrition - Gerry Gallagher	C/Nut	24
Emotional Meridian Harmony Kinesiology - Denise Robinson	B	30
Energetic Kinesiology - Kathy Carmuciano	A	32
Essence of Change - Gerry Gallagher	C	24
Foot Joint Mobilisation (2 Day Course) - Peter Morningstar	C/A&P	16
Heart Healing - Toni Lilley	A	65
Integrating Primitive Reflexes using Brain Gym® & Touch for Health- Tracey Tinker	B	16
Kineasy Intro Course- Denise Robinson	A	20
Kinesiology Applications 2 - Guy Bennett	B	16
Mastery of the Five Elements Core Essence & Character- Denise Robinson	B	26
Metabolic Markers- Damien Brown	B	40
Muscle Performance & Enhancement - John Holodnak	C	18
Neuro Spiritual Integration - Peter McLellan	C	32
Psychenergetix - Lyn Treloar	A	45
Sabotage Clearing & Goal Enhancement- Malcolm & Suanne Chaffer	C	16
Simply The Brain- Jacque Mooney	B/A&P	24/12
The Brain, The Senses & Brain Function- Kathy Carmuciano	C	40
The Lifeline Technique Certification Program- Dr. Darren Weissman	B	159
APPLIED BIOKINETICS - Toni Lilley and Greg Galton		
Basic Biokinetics	B	15
APPLIED PHYSIOLOGY – Richard Utt (Rep Jacque Mooney)		
7 Chi Keys	B	72
Anatomy and Physiology of the Brain	B/A&P	80
Attitude with Essence	A	24
Holographic Muscle Monitoring	A	32
Tao of Blood	B/A&P	24
Tibetan Figure 8	B	10
AROMATIC KINESIOLOGY - Robbi Zeck		
Aromatic Kinesiology 1	C	24
Aromatic Kinesiology 2	C	24

ABBREVIATIONS

A&P = Anatomy & Physiology
 BM = Business Management (formerly PM- Practice Management)
 Comm = Communication
 HS = Home Study
 Nut = Nutrition
 WB = Workbook
 Category A: Foundation Kinesiology Courses
 Category B: Specialised courses - require foundation Kinesiology as a pre-requisite
 Category C: Specialised courses - some require foundation Kinesiology as a pre-requisite

AKA Accredited REGISTERED TRAINING ORGANISATIONS (RTO) offering DIPLOMA HLT 52415

College of Complementary Medicine, NSW	www.complementary.com.au
College of Neuro Training NSW, SA, VIC, WA	www.collegeofneuro-training.edu.au
Create Your Reality College of Kinesiology, QLD	www.createyourreality.com.au
ICPKP Australasia, NSW	www.icpkp.edu.au
ICPKP via Kinesiology Schools Australia (KSA)	www.kinesiologyschools.com.au
IKON Institute of Australia, SA, VIC, QLD, WA	www.ikoninstitute.com.au
NK Institute, QLD, NSW, VIC, WA	www.nkinstitute.com

WORKBOOK HOURS:

AKACAB accredited approved kinesiology workbook hours: 66% of the nominal hours or as determined by CAB

BODY & SOUL – Lisa Hare

Body and Soul 1 (<i>formerly Body Talk 1</i>)	A	33
Body and Soul 2 (<i>formerly Body Talk 2</i>)	B	33
Body and Soul 3	B	33

COUNSELLING KINESIOLOGY – Gordon Dickson

Intro to Counseling Kinesiology	A	8
Empowering Relationships - CK 2	B/Com	40
Resolving Emotional Stress - CK 1	B/Com	116

CRANIAL KINESIOLOGY – Guy Bennett (Diploma Provider)

Bio Harmonics CK2	B	16
Cranial Kinesiology 1	B	20
Nutrition and Physiology Applications	B	104
Structural Fundamentals	B	32
Structural Paradigm CK3	B	24

DYNAMIC KINESIOLOGY – Christine Ammann

Dynamic Kinesiology 1	B	96
Dynamic Kinesiology 2	B	96
Dynamic Kinesiology 3	B	96
Dynamic Kinesiology 4	B	96
Kinesiology: an Application for Professionals	A	40

EDU-K – Paul and Gail Dennison (Rep Chris Bozkewycz)

Brain Gym 101- <i>needs to be taken with Edu-K in Depth</i>	A	32
Brain Gym for Educators	B	32
Brain Gym for Movement, Dance & Sport	B	32
Brain Gym for Special Needs	A	32
Brain Gym Teacher Practicum	B	40
Creative Vision	B	24
Dennison Whole Brain Learning	B	16
Edu-K in Depth - <i>needs to be taken with Brain Gym</i>	A	40
In Sync 1	B	24
In Sync 2	B	24
Movement Exploration 1	B	32
Movement Re-Education	B	24
Optimal Brain Organization (<i>replaces BOP</i>)	B	24
Physiological Basis Learning and Kinesiology	C	16
Professional Principles 1-4	B	32
Total Core Repatterning	B	24
Visioncircles	B	24
Visioncircles Teacher training	B	32

AKA ACCREDITED COMMUNICATION COURSES

	CATEGORY	HOURS
Communication for Kinesiology - Paul Bennett	Comm	40
Counselling Kinesiology 1 - Resolving Emotional Stress - G. Dickson	Comm/B	116
Counselling Kinesiology 2 - Empowering Relationships - G. Dickson	Comm/B	40
Dynamic Communication - T. Lilley, A. McRobert & A. Mitchell	Comm	50
Establish and Manage Client Relationships- T. Lilley	Comm	50
First Aid for Emotional Trauma - Kin Excellence Seminars	Comm	16
ITB Conscious Communication- Maguerite Wetton	Comm	24
Interviewing Skills for Helping Professionals- Arthur Babilis	Comm	48
Louder Than Words - Three in One Concepts	Comm/B	32
Profit Pathways Program- Terese Mudgway	Comm/BM	39.5
Southern Lands NLP course- Paul Bennett	Comm	123
Under the Code - Three in One Concepts	Comm/B	24

COMMON UNITS DELIVERED THROUGH RTO'S

AKA accepts Health Training Package (HLT) common units delivered by RTO's qualified to deliver HLT common units

AKA ACCREDITED NUTRITION COURSES

Applied Nutrition and Human Metabolism 3 modules -Damian Brown		
* Nutrition Foundations Module	Nut	20
*Weight Loss, Fat Loss and Body Metabolism Module	Nut	20
* Food Allergy Intolerance and Sensitivity Module	Nut	20
Creative Nutrition - Gerry Gallagher	Nut/C	24
Food for Thought - Christine Ammann	Nut	80
Herbs for Kinesiologists- Parijat Wismer	Nut	45
Nutrition for Kinesiologists- Parijat Wismer	Nut/C	45
Nutrition Hologram	Nut/C	56

AKA also accepts HLT nutrition units delivered by RTO's qualified to deliver HLT Nutrition units

AKA ACCREDITED ANATOMY & PHYSIOLOGY COURSES

	CATEGORY	HOURS
Anatomy & Physiology- Toni Lilley	A&P	100
Anatomy and Physiology of the Brain (Applied Physiology)	B/A&P	40/40
Foot Joint Mobilisation (1 Day Course)- Peter Morningstar	A&P	8
Foot Joint Mobilisation (2 Day Course)- Peter Morningstar	C/A&P	16
Immune and Vaccination Pathways 1	C/A&P	32
Immune and Vaccination Pathways 2	C/A&P	24
LEAP Brain Integration 1 (C Krebs)	B/A&P	40/20
LEAP Brain Integration 2 (C Krebs)	B/A&P	40/20
LEAP Brain Integration 3 B/A&P (C Krebs)	B/A&P	40/20
LEAP Brain Integration 4 (C Krebs)	B/A&P	32/16
Simply the Brain- Jacque Mooney	B/A&P	24-Dec
Tao of Blood (Applied Physiology)	B/A&P	12/12

AKA also accepts government accredited A & P courses

INTEGRATED HEALING – Matilda Van Dyke/Nick Oliver (Rep Nicola Barrett)

Healing Body (Module 3)	B	16
Healing Concepts (Module 2)	B	16
Healing Mind (Module 4)	B	16
Healing Pathways (Module 1)	B	16
Integrated Healing Workbook Module 1 & 2	B	22
Integrated Healing Workbook Module 3 & 4	B	22

INTEGRATED TOUCH BALANCE - Marguerite Wetton

Integrated Touch Balance (ITB)	A	40
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KINERGETICS – Philip Rafferty

Kinergetics Unit 1	A	15
Kinergetics Unit 2	A	15
Kinergetics Unit 3	A	15
Kinergetics Unit 4	B	15
Kinergetics Unit 5	B	15
Kinergetics Instructor Workbook Unit 1	B	30
Kinergetics Instructor Workbook Unit 2	B	22
Kinergetics Instructor Workbook Unit 3	B	22
Kinergetics Instructor Workbook Unit 4	B	22
Kinergetics Instructor Workbook Unit 5	B	15

KINESIOLOGY EXCELLENCE SEMINARS – Parijat Wismer (Diploma Provider)

Chi of Money and Self Esteem	B	44
Herbs for Kinesiologists	Nut	45
Nutrition for Kinesiologists	C/Nut	45
Weight Management for Kinesiologists	C	45

LEAP – Dr. Charles Krebs (Rep Jacque Mooney)

LEAP Brain Integration 1	B/A&P	80
LEAP Brain Integration 1B Glial Cells	B/A&P	56
LEAP Brain Integration 2	B/A&P	80
LEAP Brain Integration 3	B/A&P	80
LEAP Brain Integration 4	B/A&P	80
LEAP Brain Integration 5	B/A&P	88
Environmental Factors	B/A&P	72
Energetic Structure of Man and the Universe 1	C	24
Energetic Structure of Man and the Universe 2	C	24

AKA ACCREDITED BUSINESS MANAGEMENT COURSES	CATEGORY	HOURS
Spirit in Practice - Robbi Zeck	BM	50
Profit Pathways Program- Terese Mudgway	Comm/BM	39.5
Professional Practice Management for Kinesiologists- Toni Lilley	BM	50
<i>AKA also accepts government accredited Business Management courses</i>		

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MIND BODY MEDICINE (MBM)- 10003NAT- David Corby (Diploma Provider)

Introduction to Kinesiology	A	108
Introduction to MBM	B	27
MBM 2 System	B	71
MBM 3 System	C	97
Emotion Spirit & Destiny & The Dao of Clinical Practise	B	84
Dynamic Structure	B	84
Applying Physiology & Nutrition	C	91
Clinical Conditions & Clinic	C	74

NEURAL ORGANISATION TECHNIQUE (NOT) – Dr. Carl Ferrerri (Rep P. McLellan)

NOT 1	B	32
NOT 2	B	32
NOT 3	B	32

NEUROENERGETIC KINESIOLOGY – Hugo Tobar (Diploma Provider)

Body Structure Hologram 1	B	32
Body Structure Hologram 2	B	24
Brain Formatting	B	16
Brain Hologram A	C	32
Brain Hologram B	C	32
Brain Hologram C	C	32
Brain Hologram D	C	8
Celestial Chakra Hologram	B	32
Chakra Balance	B	16
Chakra Hologram 1	B	32
Chakra Hologram 2	B	32
Chakra Metaphors	B	16
Genetic I-Ching	B	24
Hormone Hologram 1	C	32
Hormone Hologram 2	C	16
Immune and Vaccination Pathways 1	C/A&P	32
Immune and Vaccination Pathways 2	C/A&P	24
Neuro-Emotional Pathways 1	B	32
Neuro-Emotional Pathways 2	B	24
Neuro-Emotional Pathways 3	B	24
Neuro-Emotional Pathways 4	B	32
Nutrition Hologram (<i>prev Nutritional & Biochemical Pathways</i>)	C/Nut	56
Physiology Formatting	B	16
Primitive Reflexes and Brain Stem	C	16
Primitive Reflexes and Brain Stem 2	C	16
Primitive Reflexes and Brain Stem 3	C	32
Principles of Kinesiology (1-4)	A	146
Sound & Light Healing	B	8

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NEUROLINGUISTIC KINESIOLOGY (NLK) – Wendy Bennet

Neurolinguistic Kinesiology 1	A	30
Neurolinguistic Kinesiology 2	A	30
Neurolinguistic Kinesiology 3	B	50
Neurolinguistic Kinesiology 4	B	50
Neurolinguistic Kinesiology 5	B	50
Neurolinguistic Kinesiology 6	B	50
Neurolinguistic Kinesiology 7 - Instructor Training	B	60

REFLEXES KINESIOLOGY – Brendan O’Hara

Primitive & Postural Reflexes Level 1	C	16
Primitive & Postural Reflexes Level 2	C	32
Movement, The Brain and Learning	C	16

INTERNATIONAL RHYTHMIC MOVEMENT TRAINING iRMT - Moira Dempsey

RMT 1 - RMT for Focus, Organisation and Comprehension	C	16
RMT 2 - RMT for Emotions, Memory & Behaviour	C	8
RMT 3 - RMT for Reading and Writing	C	16
Face the Fear	C	16

SFEF – Lionel Thomas

SFEF 1	A	28
SFEF 2	A	28
SFEF 3	A	28
SFEF Practitioner	B	70
SFEF Kinesiology Advanced Practitioner	B	63
SFEF Instructor	B	32

SIPS – Ian Stubbings

SIPS 1	B	24
SIPS 2	B	24
SIPS BAP	B	16

SOUL POWER KINESIOLOGY- Catherine North

Soul Power Kinesiology Levels 1 to 3	A	78
Soul Power Kinesiology Levels 4 to 6	B	78

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THREE IN ONE CONCEPTS – Gordon Stokes and Daniel Whiteside (Rep Anne Summers)		
Adolescence, Maturity & Love	B	32
Advanced One Brain	B	32
Body Circuits - Pain and Understanding	B	40
Childhood, Sexuality & Ageing	B	32
Improved Learning Awareness (<i>prev. Basic OB, needs to be done with TOT</i>)	A	24
Louder Than Words	B/Comm	32
Minding Your Business	C	8
Relationships in Jeopardy	B	32
Structural Neurology	B	32
Tools of the Trade (<i>needs to be done with BOB</i>)	A	16
Under the Code	B/Comm	24
TOUCH FOR HEALTH (TFH) – Dr John Thie (Rep Toni Lilley)		
TFH 1	A	16
TFH 2	A	16
TFH 3	A	16
TFH 4	A	16
TFH Training Workshop	B	64
TFH Metaphor Workshop	B	16
TFH Proficiency (<i>formerly Advanced</i>)	A	16
TFH Workbook Practical Exercise	A	60
Continuing Education	B	16
Eat Right, Live Right	C	3
Healthy Pets	C	7
Kinesiology for Kids	C	3
Perceptive Vision	C	3
TOUCH FOR HEALTH SCHOOLS – Maurizio Piva (Rep Toni Lilley)		
Touch For Health Schools - Maurizio Piva (Rep Toni Lilley)	C	20

Practitioner Registration: If you have completed a course that is currently not listed and require information for practitioner registration, please contact the AKA to check its past status.