



**Australian Institute  
of Kinesiologists Ltd**



**VISION 2020**



## FRIDAY 15<sup>TH</sup> OCTOBER

Mini Workshops for pre-booked delegates

9.30am **DIRECT EYE MUSCLE TESTING AND BALANCING** Bridget Cook

12.00pm **RAPID STRESS RELEASE** Parijat Wismer

2.15pm **EPIGENETIC HEALING CYCLES** Sarah Gilmour-Mayne

4.30pm Registration Open

5.00pm AIK and AKA Members' Forum

6.30pm Conference Opening

● **THE EQUILIBRIUM OF THE HEALTH SQUARE** John Holodnak

● **UNDERSTANDING SOUL WOUNDS WITHIN KINESIOLOGY** Rachelle Sewell

8.15pm **Cocktail Function** (Smart Dress)

View speaker profiles and read  
about their presentation at  
[www.aka.asn.au](http://www.aka.asn.au)  
Go to VISION2020 and  
click on speaker's name

## SATURDAY 16<sup>TH</sup> OCTOBER

8.15am Registration and TRADE TABLES Open

9am Presentations Commence

● **MEMORY, DEMENTIA AND ALZHEIMER'S**  
Rhonda Hall

● **THE CEREBELLUM: EMOTIONAL AND MENTAL  
MODULATORY CIRCUITS** Janet Taylor

● **GROWING EVIDENCE AND RESEARCH  
CAPACITY IN KINESIOLOGY**  
Distinguished Professor Jon Adams

● **VIBRATIONAL KINESIOLOGY FOR THE  
REHABILITATION OF PSYCHOSOMATIC  
DISORDERS** Elena Vyatchinova

● **BEYOND VISION 2020 - SET GOALS FOR THE  
FUTURE** TBC

● **MASTER-HEART: LEADING CLIENTS TO  
GREATER SELF RESPONSIBILITY**  
Debbie Rossi

5.30pm Close

7.15pm **DINNER DANCE** (Dress to Impress)

## SUNDAY 17<sup>TH</sup> OCTOBER

8.30am Registration and TRADE TABLES Open

9am Presentations Commence

● **SELF-MUSCLE TESTING TECHNIQUES THAT  
ANYONE CAN DO** Anne Jensen

● **LUNG ENERGY BALANCE WITH VITAMIN C**  
Philip Rafferty

● **PROMOTING KINESIOLOGY IN SCHOOLS:  
FOCUSING ON DEVELOPMENTAL DELAYS**  
Heather Pollock

● **DEALING WITH TRAUMA IN KINESIOLOGY  
CONSULTATIONS** Gordon Dickson

● **THE GUT, THE VAGUS NERVE AND CLEAR  
THINKING** Parijat Wismer

● **CYCLES AND EMOTIONS OF STRESS:  
FIGHT, FLIGHT, FREEZE** Sharon Tal

4.15 Afternoon Tea

**Farewells and Final Purchases**

**Program Changes May Occur Without Notice**