**ADD OR DELETE ROWS AS REQUIRED**

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| **TOTAL HOURS** | |  | **Course/Module/ Unit** | | |  | | **DAY** | | 1 | of |  |
| **HOURS OF THE KINESIOLOGY COMPONENT** | |  | **HOURS OF OTHER COMPONENTS**  **List component Eg A&P, Nutrition Communication, and hours** | | |  | |  | |  |  |  |
| **General Equipment used throughout the course:** | | | | | | | | | | | | |
| **Time** | **Topic** | | | **Topic**  **No** | **Learning Outcomes (L)**  **Assessment methods (A)** | | **Details / Methods/ Activities** | | **Specific equipment for the topic described** | | | |
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| **TOTAL HOURS** | |  | **Course/Module/ Unit** | | |  | | **DAY** | | 2 | of |  |
| **HOURS OF THE KINESIOLOGY COMPONENT** | |  | **HOURS OF OTHER COMPONENTS**  **List component Eg A&P, Nutrition Communication, and hours** | | |  | |  | |  |  |  |
| **General Equipment used throughout the course:** | | | | | | | | | | | | |
| **Time** | **Topic** | | | **Topic**  **No** | **Learning Outcomes (L)**  **Assessment methods (A)** | | **Details / Methods/ Activities** | | **Specific equipment for the topic described** | | | |
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| **TOTAL HOURS** | |  | **Course/Module/ Unit** | | |  | | **DAY** | | 3 | of |  |
| **HOURS OF THE KINESIOLOGY COMPONENT** | |  | **HOURS OF OTHER COMPONENTS**  **List component Eg A&P, Nutrition Communication, and hours** | | |  | |  | |  |  |  |
| **General Equipment used throughout the course:** | | | | | | | | | | | | |
| **Time** | **Topic** | | | **Topic**  **No** | **Learning Outcomes (L)**  **Assessment methods (A)** | | **Details / Methods/ Activities** | | **Specific equipment for the topic described** | | | |
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| **TOTAL HOURS** | |  | **Course/Module/ Unit** | | |  | | **DAY** | | 4 | of |  |
| **HOURS OF THE KINESIOLOGY COMPONENT** | |  | **HOURS OF OTHER COMPONENTS**  **List component Eg A&P, Nutrition Communication, and hours** | | |  | |  | |  |  |  |
| **General Equipment used throughout the course:** | | | | | | | | | | | | |
| **Time** | **Topic** | | | **Topic**  **No** | **Learning Outcomes (L)**  **Assessment methods (A)** | | **Details / Methods/ Activities** | | **Specific equipment for the topic described** | | | |
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