

Integrating the Primitive Reflexes using Brain Gym® and Touch for Health

This workshop provides an insight into how to utilise both Brain Gym® and Touch for Health balancing methods to integrate the primitive reflexes.

DEVELOPMENT & HISTORY

This course was developed by Tracey Tinker over a period of nearly 20 years clinical practice. Utilising both the knowledge of the primitive reflexes, Brain Gym® and Touch for Health the balances utilised in this course are easy to apply.

COURSE OUTLINE

The reflexes covered are the Moro (including an Adrenal Balance), Fear Paralysis, Spinal Galant, Asymmetrical Tonic Neck Reflex, Tonic Labyrinthine Reflex, Symmetrical Tonic Neck Reflex, Babinski and Palmer.

COURSE CONTENT

Using my knowledge as a Nutritionist and Kinesiologist you learn what impact each of these reflexes have on the development of the brain and body.

You learn what impact these reflexes have on eating patterns of which I have noticed as a Nutritionist. I have developed an Adrenal Balance which has helped improve eating habits.

Understanding these reflexes had a huge impact on my son who was diagnosed with Aspergers Syndrome many years ago. As a mother of a child with Autism, having his reflexes integrated made him a lot happier, he understood why he behaved the way he did and our family life was a lot calmer.

COMPETENCY REQUIREMENTS

Students are observed completing the balances during class time. There is also a written assessment which can be completed during the course or after the course.

COMPETENCY OUTCOMES

The skills you learn in this workshop will enable you to understand the impact the primitive reflexes have on people who haven't integrated these yet.

This workshop also gives you the muscles and meridians that are associated with each primitive reflex and the impact this has on the brain and body.

The balances you learn in this workshop are suitable for anyone working with children/adults. It enables you to utilise both Brain Gym® and Touch for Health balances to enable these reflexes to integrate.

PREREQUISITES: Brain Gym® 101 and Touch for Health 1

TRAINER: Tracey Tinker Kinesiologist & Nutritionist

AVAILABILITY: 13th & 14th June 2015 Perth

COST OF COURSE: \$350

DURATION OF COURSE: 2 days

ACCREDITED CATEGORY: B